



QUINCY NOTRE DAME APRIL NEWSLETTER



School Office 223-2479 ♦ Athletic Dept. 223-2509 ♦ Development Office 224-2598

www.quincynotredame.org

**PLEASE KEEP THIS CALENDAR
FOR EASY REFERENCE**

APRIL

- 01 All School Reconciliation Service for Seniors & Sophomores
- 01 QND Band Spring Concert - 8:00 p.m.
- 02 - 11 Spanish Trip
- 04 ACT Test Date
- 06 Josten Rep at QND to deliver class rings
- 07 10:45 Dismissal for Students - Faculty In-Service 11:15 - 3:15
- 08 Faculty, Staff, and Student Community Service Day
- 09-13 Easter Break - NO SCHOOL
- 14 School Resumes
- 14-15 Sign Up for Student Council Executive Offices
- 15 Petitions Due for Student Council Executive Offices
- 16 Speeches for Student Council Executive Offices
- 17 Election of Student Council Executive Offices
- 17 Deficiencies Due for Seniors
- 18 Prom at the Ambiance
- 19 West Point Meeting in Room 15 at 2:00 p.m.
- 20 Physiology Field Trip to St. Louis
- 20-21 Sign Up for Class Offices
- 22 4th Grade Culture Day from 9:15 a.m. - 11:45 a.m. at QND
- 22 Petitions Due for Class Offices
- 22 Deficiencies Due for Grades 9 - 11
- 23 Speeches for Class Offices - Periods 1, 2, 3
- 23-25 Spring Show at John Wood Community College 7:00 p.m.
- 24 Election of Class Offices
- 24 Cheerleaders Garage Sale Beginning at 4:00 p.m.
- 24 NO BUS SERVICE
- 25 Cheerleaders Garage Sale
- 27 SAA Luncheon at 12:00 Noon
- 27-28 Sign Up for Class Representatives
- 28 Blood Drive in QND Multipurpose Room
- 29 Petitions Due for Class Representatives
- 30 Election for Class Representatives
- 30 All School Mass - Special Schedule

MAY

- 02 Dogwood Parade - Band, Flag Team, Pom Pon Marches
- 04-21 Annual Alumni Phonathon
- 06 A.P. Calculus Test Date
- 07 PMO Band Spring Concert - 7:30 p.m.
- 07-08 Senior exams
- 08 A.P. History Test Date
- 09 Bridge to Gap Health Run at 8:00 a.m.
- 12 7th Grade Trivia Event 1:00 p.m. - 2:00 p.m. at QND
- 13 Honors Convocation - 9:30 a.m. at QND
- 14 Baccalaureate - 7:00 p.m.
- 17 Graduation - 1:00 p.m. at QND
- 20 Tentative Date for Semester Exams - Special Schedule
- 21 Tentative Date for Semester Exams - Special Schedule
- 21 Tentative Date for Last Day of School
- 22 Teacher In-Service
- 25 Memorial Day - NO SCHOOL

EARLY DISMISSAL - On Tuesday, April 7, QND will dismiss at 10:45 for a faculty in-service. There will be NO afternoon bus service.

BUS INFORMATION:

- April 7: Morning bus only - No PM bus service
- April 24: Morning bus only - No PM bus service

ATTENTION PARENTS OF SENIORS

UPCOMING EVENTS-PLEASE MARK YOUR CALENDAR:

- Senior Exams Thursday, May 7 and Friday, May 8
- Honors Convocation Wednesday, May 13 at 9:30 a.m. - QND Gym
- Baccalaureate Thursday, May 14 at St. Francis Church
- Graduation Sunday, May 17 at 1:00 - QND Gym
- Tuition Loans/Fees Due by Monday, April 27, in order for the seniors to participate in graduation activities.

SENIOR VIDEO - A graduation DVD will be made for the Class of 2009. The DVD will include video taken before graduation, the entire graduation ceremony, and then more video of the graduates. The DVD ends with the baby picture and senior picture of each graduate. It is about 2 hours long. Please have your son or daughter take two (2) pictures of themselves (one (1) at an early age **AND** a senior picture) to Mrs. White at QND by Monday, April 6. A snapshot size is preferred, but a 5x7 can be used. Please do not send an 8x10 or a real small size. The picture should be of good quality and will be returned to you unharmed. Remember to put student's name on the back. Cost of the DVD is \$25.00. Please make check out to Jane O'Connell. The video will be mailed out approximately 3 weeks after graduation. If you have any questions, email Mrs. O'Connell at janeoc@comcast.net.

UNDERCLASSMAN EXAM SCHEDULE

WEDNESDAY, MAY 20

- 8:05 Bell calling students to first exam of the day
- 8:10 - 9:15 Period 5 Read bulletin + exam
- 9:20 - 10:20 Period 6
- 10:25 - 11:25 Period 7
- 11:30 - 12:30 Period 4

THURSDAY, MAY 21

- 8:05 Bell calling students to first exam of the day
- 8:10 - 9:15 Period 1 Read bulletin + exam
- 9:20 - 10:20 Period 2
- 10:25 - 11:25 Period 3

PROTECTING GOD'S CHILDREN - Blessed Sacrament will be hosting a Protecting God's Children in-service on April 21st at 6:30 p.m. in the Leo Amen Room. Please have people RSVP by April 17th at 228-1477.

QND PROM INFORMATION - April 18, 2009 will be a special night at the Ambiance. The Quincy Notre Dame Prom will feature the theme A Night in Paris. Music will be provided by the Mobile Sound and Light Show with Mr. David Cawthon. Picture set-ups will be provided by Grussenmeyer Photography. The dinner will be catered by Niemann Foods. The menu includes: green salad, roast turkey, mashed potatoes and gravy, vegetable, roll and butter, and cake. Assorted sodas will be available the entire evening. Security will be provided by the Adams County Sheriff's

Department. The check-in time is 6:45 pm. Dinner will be served promptly at 7:00. Phone calls will be made to any home of a participant who is not there by 7:00. Dancing will begin at 8:00 and continue until 11:00. No participant will be allowed to leave before 11:00 pm.

General Rules for Prom:

1. Participants will be checked in by 6:45 pm on night of Prom.
2. No participant will have indulged in illegal substances before, during, or after Prom.
3. There will be no smoking. It is now illegal as well as against school rules.
4. Participants will not leave Prom before 11:00 pm.
5. Participants will remember that they are dressed as ladies and gentlemen and will behave as such.
6. All school rules apply.
7. A good time will be had by all.
8. Proper dancing will be the rule - see below.

Proper Dancing at Prom - We feel dances are excellent activities for young adults. However, we have seen an increase of the type of dancing which is not proper for a QND dance or for any dance involving teenagers. If you turn on MTV, VH1, or BET you will understand what I am talking about. Some of the dancing simulates sex acts and extremely provocative movements. Both the guys and the girls assume positions which accentuate sexual contact. We at QND will not condone it. We will give some very clear messages the week before Prom. We will be straightforward and properly descriptive. To be very honest with you, such dance techniques may be their choice at a dance not connected with QND, but it is "our" choice when it comes to morality, respect, and etiquette at any function involving Quincy Notre Dame High School. **Please** speak with your son or daughter about this issue. If students refuse or decide to "debate" the issue, they will be removed from the dance, and you, the parents/stepparents will be informed. Please do not assume you don't have to speak to your son/daughter about this topic. Let's have a great time at all dances. Let's make sure respect for each other is the message from school and home.

When Your Teenager Hosts a Party

- Agree to rules ahead of time: no alcohol or other drugs, no "open house" style party, no leaving the party and then returning, party is limited to appropriate areas of house.
- Notify your neighbors of the party. Have teen tell neighbors about the party and that it will be supervised.
- Alert police when planning a large party. Discuss with them an agreeable parking plan if necessary.
- Be Home. Be Visible. Be Aware.

PARENT-TEEN SAFE DRIVING PAGE - The National Highway Traffic Safety Administration has launched a new

parent teen safe driving page where you can instantly access new TV ads and posters to reach the parents of teen drivers and get them involved in teen driver safety. It includes information parents need to talk with their teens about safe driving, set "house" driving rules and remind teens that driving is a privilege, which can easily be revoked if house rules aren't followed. For details, visit the new *Parent-Teen Safe Driving Page*.

CHICKENPOX OUTBREAK - We have been informed by the Adams County Health Department that there has been a chickenpox outbreak. They recommend that if your student has receive one chickenpox vaccination that he or she receive a second immunization. This is not mandatory but would increase your student's coverage for not developing chickenpox. All immunizations can be performed at your local health care provider or at the Health Department on Mondays from 1:00 - 7:00 and Wednesday and Friday from 1:00 to 4:00 p.m. All chickenpox illnesses must be reported within 24 hours of occurrence to Karen Spring, Communicable Disease Specialist at 222-8440 ext. 118.

FROM THE CDC - With so many students and parents ill with the flu the Center for Disease Control has issued the following statement: Healthy adults may be able to spread the flu from 1 day before getting sick to up to 5 days after getting sick. The flu vaccine is the best way to protect against the flu. The CDC recommends that parents, children under 5 years of age, or those with a chronic health problem like asthma or diabetes be vaccinated.

ADVANC-ED VISIT - After years of preparation the Advanc-Ed (the heir to the North Central Association of High Schools and Colleges) team of six external reviewers visited Quincy Notre Dame High School for a Quality Assurance Review. The Chair of the team was Mr. Jerry Douglas, a board member of the State Advanc-Ed organization. They examined QND based on the 7 Advanc-ED standards: Vision and Purpose; Governance and Leadership; Teaching and Learning; Documenting and Using Results; Resources and Support Systems, Stakeholder Communication and Relationships; and Commitment to Continuous Improvement.

We are proud to report that QND received the following commendations:

- * The relationships between the students and faculty lend to a family-like atmosphere, nurturing environment which fosters life-long spirituality, learning and achievement.
- * The school offers a great deal of resources to its students, including its facilities, technology, financial support, and most especially the committed, experienced staff members.
- * Quincy Notre Dame is a model school in engaging their community stakeholders into being involved in all aspects of the educational experience.

The Team made two important recommendations:

- * Formalize the written School Improvement Process that articulates the vision and goals that result in a systematic method to affect individual student learning.
- * Access external resources to create structured professional learning communities focusing on the use of research based instructional strategies and interventions.

I am please to report that the Curriculum Committee has begun addressing these recommendations. More reports will follow in the monthly newsletters.

ATTENTION PARENTS OF JUNIORS - The tradition continues in which the parents of juniors help with the senior reception after Baccalaureate Mass. The Mass will take place at St. Francis Church on Thursday, May 14th, at 7:00 p.m. The reception will occur after the Mass in the school gym. We need approximately 10 couples to help with the various aspects of the reception. If you can help out at the reception, we will meet in the gym to set up at 7:00 p.m. after the graduates have entered the church. Please call Quincy Notre Dame at 223-2479 if you are available.

HELP WANTED – on Friday, May 15, at 1:30 we will be serving ice cream to the junior class courtesy of Dan and Ginger Riggs who bought the treat at the Extravaganza. If you would like to help serve the ice cream, please arrive by 1:00 p.m. to set up. Please call QND at 223-2479 if you are available to help.

MUSIC DEPT NEWS -

Spring Show - The annual QND Spring Variety Show will be held Thursday, April 23rd, Friday, April 24th, and Saturday, April 25th inside the Paul Heath Fine Arts Center at John Wood Community College. The Show begins at 7:00 p.m. each evening and will last approximately two hours. Over 150 students will entertain your entire family with song, dance and comedy routines. Performers include the QND Jazz Band, Mixed Chorus, Concert Chorale, "Jackson Street", Beth Heinze Dance Studio, Vancil Performing Arts Center, as well as other performances by QND students. Tickets are \$7.00 and may be purchased at the door or in advance by calling Mrs. Gail Costigan at 224-5643. QND students are admitted free with school ID.

BUS TRANSPORTATION REIMBURSEMENT -

Eligibility criteria for transportation reimbursement are as follows:

1. Pupil must be under the age of 21 years at close of school year
2. Pupil must be a full time student in grades K - 12
3. Pupil must either live 1-1/2 miles or more from school attended or live within 1-1/2 miles from the school attended with the parent/guardian having received a verification from the Illinois Dept. of Transportation that a serious safety hazard exists for the school year

- 4) Parent/guardian resided within Illinois during the time period expenses were incurred.
- 5) School pupil attended is located within Illinois and satisfies the Illinois compulsory attendance law
- 6) Pupil did not have access to transportation to and from school provided entirely at public expense
- 7) Parent/guardian incurred expenses for transporting pupil to and from school

Parent/Stepparent/Guardian will need to come into QND to sign up for transportation reimbursement. This must be done in the main office on or before June 30.

24th ANNUAL ALUMNI PHONATHON: The Phonathon will take place from May 4 – 21. Alumni, current students and friends of QND will call out-of-town QND graduates during the evenings of May 4 – 21 to ask for their support to the QND Annual Fund Drive. This year's Alumni Phonathon goal is \$70,000. Dinner is served from 6:00 pm to 6:30 with orientation from 6:30 to 7:00 and calling begins at 7:00 pm. If you would like to volunteer your time for an evening from 6:00 pm to 9:00 pm please call the Development Office at 224-2598 or e-mail pfrericks@quincynotredame.org. Thank you!

QND COMMITMENT SUNDAY: The Development Office would like to thank the chairpersons for Commitment Sunday and all of the parishioners who donated to the QND Annual Fund Drive. We would also like to thank the volunteer workers at each parish who made follow up phone calls. We appreciate your help and support.

QND VIDEO AND COMMERCIALS - Check out QND video and commercials on the QND website: www.quincynotredame.org. Share the link with family and friends and those that have school-aged children in the Catholic or other grade schools so they may learn more about the students, faculty, and mission of our great school!

GUIDANCE DEPARTMENT NEWS:

College Applications 96% of seniors have applied and been accepted at the college or university of their choice. A few have yet to apply and can still do so. Remember that financial aid opportunities may be lessened by waiting and often housing opportunities become more limited. Earlier applications are often desirable.

Seniors - The Free Application for Federal Student Aid (FAFSA) worksheets are available in the Guidance Office. All students attending college should complete this form online. The official website is www.fafsa.ed.gov.

Seniors who wish to apply for local financial aid sources are encouraged to watch the QND Scholarship Update that is periodically revised to include area scholarships and grants. The Update is posted in several locations throughout the school and on

the QND web site. Most scholarships are offered only during specified dates so constant monitoring is essential.

Summer Opportunities - Many summer programs are available for students to spend a week or longer on a college campus exploring a variety of careers such as government, pre-law, engineering and the arts. Colleges from Harvard to the University of Missouri offer these summer opportunities for interested students. See the guidance office for details and applications.

Summer School - Classes will again be offered through Quincy High School. Students planning to enroll in Consumer Education, Government, or Contemporary History should plan to pick up the necessary registration form from the Guidance office during the first week of May. Course offerings and schedules will be available at that time.

Freshmen - During April several freshman will be participating in Rotary Teen Career Day doing job shadowing with Rotary members. Job shadowing, either through an organized program, or individually arranged by the school, or parents, is an excellent way to assist a young person in exploring a career area.

Educational Talent Search - Each year several students utilize the services of the federally funded program, Talent Search. Through this program qualified students may receive assistance in career exploration, college searches, college visits, and subject tutoring, both as a student needing help, or as a paid tutor. The Quincy Notre Dame Talent Search representative is Cindy Unmisig. She may be reached at John Wood Community College, 641-4385 for further information

SERVICE HOURS REQUIREMENTS- Students are required to do 10 hours of Christian service (minimum of 3 non-profit organizations). They have until May 1st to complete their service hour requirement. Students who have not met this requirement will be sent a deficiency notice for the 4th quarter.

THE ULTIMATE GARAGE SALE - The sale, to benefit Catholic Heart Work Camp, will be held on Saturday, April 4, from 8:00 to 1:00, rain or shine, at St. Peter's Parking Lot. Help QND students share Jesus' ministry at this summer!

THE QND CHEERLEADERS WILL BE HAVING A HUGE GARAGE SALE on Friday April 24th 4:00 PM to 8:00 PM and Saturday April 25th from 7:00 AM to 12:00 noon in the QND Cafeteria. If you have any questions or would like to donate items please call Terry Anderson at 242-6367 or Connie Arndt at 222-0971

SUMMER HOURS -

Guidance Dept - There will be a Guidance Counselor available on specified Wednesdays during the summer from 8:00 to 3:00. If you wish to talk to a counselor you may reach either Mrs. Liesen at extension 312 or Mr. Sheffield at extension 381.

Main Office - The main office will be open Monday through Thursdays from 8:00 to 12:00. You may also reach Mr. Heilmann, Principal, at extension 305, and Mrs. Shepard, Assistant Principal, at extension 306. You can call the Athletic Office direct at 223-2509.

CONGRATULATIONS TO :

- Olivia Shepard who received a "Saved by the Belt" Award from the police.
- Lauren Costigan and Alex Kasparie who were chosen to perform in the All-State Chorus in Peoria
- Kaitlyn Phillips who made the AAU National Tumbling Team. She will also represent Quincy at the state competition and the National finals.
- the winners of the English Club Literary Contest:
 - Essay Division**
 - First Place: Anna Nytes
 - Second Place: Celeste Niemann
 - Short Story Division**
 - First Place: Brittany Elkins
 - Second Place: Sarah Vahlkamp
 - Third Place: Nick Kasparie
 - Honorable Mention: Josh Stinnett
 - Poetry Division**
 - First Place: Aubrey Wilson
 - Second Place: Anna Nytes
 - Third Place: Heather Jansen
 - Honorable Mention: Stephanie Wiewel
- Laura Anderson named Exchange Club Student of the Month
- Winners of Essay Contest:
 - 1st Place: Krystopher Jochem
 - 2nd Place: Ashley Strieker
 - 3rd Place: Kelsey Ley
- following essay award winners sponsored by State Street Bank:
 - 1st Place: Adam Hancox
 - 2nd Place: Jennifer Adam
 - 3rd Place: Karissa Genenbacher
- the Academic Challenge team members who took 2nd Place during competition at John Wood Community College and to the following who took individual honors during the competition:

3rd place Biology: Brett Baker
2nd place Chemistry: Alexis Bergman
2nd place English: Drew Koester
2nd place Math: Laura Anderson
3rd place Math: Adam Niemann
1st place Physics: Chad Hilgenbrinck
2nd place Physics: Alex Kasparie