



QUINCY NOTRE DAME JUNE NEWSLETTER

SUMMER HOURS - MONDAY THROUGH THURSDAY
8:00 A.M. TO 12:00 NOON



Office: 223-2479
Athletic Office: 223-2479

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www.quincynotredame.org

**PLEASE KEEP THIS CALENDAR
FOR EASY REFERENCE**

JULY

24 Freshman Parent Orientation 5:15 p.m. to 6:45 p.m.

AUGUST

01 Book Payments Due
06 Freshman Parent Orientation 7:00 p.m. to 8:30 p.m.
15-Sept. 3 Band Candy Sale
18 New Teachers' Meeting 9:00 a.m. - 10:45 a.m.
18 Faculty In-Service at 11:00 a.m. - 3:00 p.m.
19 Orientation for 9th graders - 8:00 a.m. - 1:00 p.m.
20 Orientation for all students - 8:00 a.m. - 11:00 a.m.
21 First Full Day of School
21-22-25-26 Freshmen Sign Up for Class Offices
21 Senior Picture Day
22 Underclassman Picture Day
22 ID Picture Taking at QND from 6:30 a.m. to 3:30 p.m.
27 Petitions Due for Freshman Class Offices
28 Freshman Class Office Candidates Speeches 1st Hour
29 Election of Freshman Class Offices

SEPTEMBER

01 Labor Day - NO SCHOOL

Sessions. Although not mandatory, at least one parent of each freshman is highly encouraged to attend one of the two meetings. The dress is casual, the atmosphere is light, and most people have found this meeting to be informational and helpful in dealing with their incoming freshman son or daughter. Please note that the same information will be offered at two different dates at two different times. Pick one of the following dates and times:

THURSDAY, JULY 24 - 5:15 P.M. TO 6:45 P.M.

MONDAY, AUGUST 6 - 7:00 P.M. TO 8:30 P.M.

Various topics will be discussed: the first day of school, communication, academics, social concerns, religion, family concerns, athletics and extracurriculars, and other areas important for parents/stepparents. These meetings will be held in the QND cafeteria. These sessions are for parents/stepparents/guardians only. Students should not attend these sessions. Dress casually - bring a pen or pencil and ask any questions you wish!

First Days of School Freshman Orientation Day will be on Tuesday, August 19, from 8:00 a.m. to 1:00 p.m. This is an orientation day for ALL ninth graders. There is no bus service on this day. Parents are responsible for delivering their freshman son or daughter to QND by 8:00 a.m. and picking him or her up at 1:00 p.m. Lunch will be served - no charge.

All School Orientation Day (Freshmen, Sophomores, Juniors, and Seniors) will be on Wednesday, August 20, from 8:00 a.m. to 11:00 a.m. Again, no bus transportation will be available. Parents are responsible for transporting in the morning at 8:00 a.m. and picking up in the late morning at 11:00 a.m. Please note that this day is shorter than the Freshman Orientation Day.

Just a note for parents, stepparents, and guardians - as well as students - every day at QND (unless designated a Raider Pride or Blue/Gold Day) is a school code dress day. This means that on August 19, Freshman Orientation Day, all freshmen should be dressed according to school code. This means that on August 20, All School Orientation Day, that every student (freshmen through seniors) should be dressed according to school code.

There are two areas I am asking for your assistance on a day to day basis. Please talk with your son/daughter about the importance of punctuality to school and classes. Please talk with your son/daughter about the importance of dressing modestly and correctly for school. If you have questions about the dress code, feel free to call Mrs. Lori Shepard, Mr. Scott Douglas, Dean of Students, or Ray Heilmann. Let's start the 2008-2009 school year with support for punctuality and proper dress. Thanks for your help.

Volunteers Needed We could use the service of any parent, stepparent, grandparent, aunt, uncle, or anyone who wishes to volunteer at QND. We need volunteers to assist our counseling department with mailings and other related tasks. If you could help one day, two days, one hour, etc., please contact Ray Heilmann or Lori Shepard at Quincy Notre Dame High School.

Christian Service Program

MISSION STATEMENT: The mission of the QND Christian Service Program is to develop in our students an awareness of the need for them to serve as Christ served, develop their social conscience and to develop the desire to be of assistance to others in

The School Year at Quincy Notre Dame High School - Those who had the opportunity to witness the Honors Convocation, Baccalaureate Mass, and/or Graduation saw the fruits of your dedication, commitment, and love of your children and stepchildren. The academic awards and scholarships, the deep faith and spirituality, and the overall respectful behavior of the seniors had to make everyone feel a great deal of warmth and pride in their hearts.

Having been at QND for a number of years I had the opportunity to speak with many graduates. The references to "Raider Pride" go way beyond athletics and other extracurricular activities. Alumni speak openly about a teacher, counselor, coach, or moderator who assisted them during a difficult time in their lives. They speak about the influence of the school and its personnel on their present success in business, faith, and family. There are a number of reasons you have decided to entrust your children to QND. May all of us continue to work together to make QND the very best for our young adults.

Do not hesitate to contact any member of the Administrative Team - Lori Shepard, Assistant Principal, Bill Connell, Athletic Director, Scott Douglas, Dean of Students, Tracy Orne, Development Director, or me, Ray Heilmann, Principal, if there is anything we can do for you or your child. We have various summer schedules involving time at school and time for vacation. We also try to check our e-mails and voice mails on a regular basis.

May God bless you and your families during these next three months. We just completed an outstanding school year. We will work together to make this coming year an even greater one.

Ray Heilmann, Principal of Quincy Notre Dame High School

Attention All Parents of Incoming Freshmen - Once again Principal Ray Heilmann will present Freshman Parent Orientation

their community. The QND service program further enriches students by providing them with diverse volunteer opportunities in order to broaden their experiences of helping others outside of their families and neighbors. We wish students to become familiar with the many non-profit organizations and worthwhile community service programs that exist in our area. We hope that they may find fulfillment in their volunteering and continue to offer their service after they leave Quincy Notre Dame.

REQUIREMENTS - Minimum of **ten (10) hours** are required each year. Extra hours may not carry over from one school year to the next. Volunteer work must be fully documented in ink on the service form provided by QND and **TURNED IN WITHIN TWO WEEKS** of the date service was performed.

Only non-profit organizations from the approved QND list or opportunities provided through the service coordinator will be accepted. Fundraisers for individual sports or clubs in which the student is a member will not receive credit for working the event or assisting in the fundraiser. Students will NOT receive credit for work done for private businesses or individuals.

HOUR RESTRICTIONS: Maximum of four (4) hours for any single organization per year. Maximum of two (2) hours sports related per year.

For summer opportunities check our web page at: <http://www.quincynotredame.org/academics/classroom.php?c=91>.

TEXAS BBQ - There is still time to plan to attend the **Texas BBQ - Summer Party, a QND Extravaganza Event** to be held on Saturday, June 28 from 7:00 p.m. to midnight at the Smith's house. Food - Drinks - Fun!!! Two (2) LIVE BANDS!!! Mechanical Bull. Tickets are available for \$40 per person by calling an Extravaganza chairperson: Donna Smith, 257-9451, Karen Rabe, 242-3458, or Angela Waterkotte, 430, 6863. The party given by: Tom and Jodie Bliven, Laurie Murfin, Paul and Tracie Murfin, Scott and Cindy Phillips, Jim and Melinda Rinella and Bryan and Donna Smith.

Ink Cartridge Recycling Thanks to all the students, parents, and businesses that donated empty ink jet and laser cartridges throughout the school year. The money we receive goes towards technology purchases. We also collect the cartridges throughout the summer. You may bring your cartridges to the QND office from 8-12 (Monday through Thursday) or to make arrangements for them to be picked up, email Mrs. Helmke @ chelmke@quincynotredame.org. or call 224-0621.

Physicals For All Incoming New Students

Freshmen Physicals - Your ninth grader (or any upper level student new to Quincy Notre Dame) will need to have a complete school physical (sports physical forms **are not** acceptable) before entering the 2008-2009 school year. A physical form with immunization records listed must be turned in to the Main Office no later than October 1.

We strongly urge you to complete this health requirement as soon as possible. Plan to visit your physician's office before August to avoid delay in appointments and to be sure your child has the exam he or she needs to remain in school.

A Tetanus/Diphtheria immunization (for any student who has not had a TD in the last 10 years) is required. Please be sure that your student receives a booster this year. The Adams County Health Department holds immunization clinics every Monday from 1:00 to 7:00 p.m. and from 1:00 - 4:00 p.m. on

Wednesdays and Fridays. If you have any questions regarding any of the Health Department services, please call 222-8440.

DRESS AND GROOMING The following is an excerpt from the 2007-2008 Handbook which will be given to all students at the beginning of school:

1. Neatness, cleanliness, and modesty are most important.
2. Attire should be modest, in good taste, and suitable for the classroom situation. Attire for extracurricular activities, including practices, must also be modest, in good taste, and suitable.
3. All students must wear collared shirts, blouses, or sweaters. Boys' shirts must be tucked in. Girls' shirts or sweaters must cover the midsection and be modest (not too tight or low cut) for a school setting. Understanding professional dress standards for young ladies, it is important to understand that the Dean of Students/Administration will not allow sloppy or inappropriate clothing. In other words, girls may not wear what the boys are wearing without adhering to the same dress standards. Henley shirts, bowling/work uniform style shirts, sweatshirts, and tee shirts will not be allowed. Shirts must be modest and appropriate for school.
4. Pants should be of a "dress material". Denim pants (jeans), camouflage pants, and bib overalls are not acceptable. Shorts of any kind are not allowed during the school day.
5. Girls may wear skirts, jumpers, or dresses that are modest in length. Skirts, jumpers, or dresses may not be of denim or sweatshirt material. If a girl's fingertips hang below the hem of the skirt or dress, it is too short. Collars are not required on dresses. Blouses or shirts may not be worn over dresses. There is to be no writing on the back of the skirt.
6. Students may wear tennis shoes, dress shoes, boots, or dress sandals. Athletic type sandals, flip flops, and beach shoes may not be worn to school. Boys must wear socks.
7. Hats and coats are outside wearing apparel. They should be stored in lockers during the school day.
8. Raider Pride Days: During the school year, students will be informed of special Raider Pride Days. These days are held to increase school spirit and to exhibit pride in the school. If a student chooses to participate he/she dresses in good blue jeans (no patches or rips) with a gold shirt or Quincy Notre Dame attire.
9. If a student chooses not to participate, the normal school dress code is in force. Exceptions to the dress code for special days and special occasions will be announced in advance after approval has been obtained from the administration. Students or parents who are in doubt about an outfit should get it approved before it is worn to school.
10. Hair color, cut, and appearance should not be a distraction. The administration and Dean of Students will make any final decisions regarding the appropriateness. Students may be asked to immediately correct any hair style or appearance.
11. Visible body piercing other than traditional earrings are prohibited. Nose, eye, or multiple ear piercing or other body piercing, which could cause a distraction to the learning environment, is prohibited.
12. While attending school and/or representing QND, visible tattoos are prohibited.

The fine system outlined in the student handbook will be used to enforce the dress code. If student's attire is unacceptable, he/she will be expected to comply with the dress code that same day. Parents may be called to bring in appropriate clothing items.