

Quincy Notre Dame
Running Raider Cross Country
Top 10 Individual Bests
Boys – 3.0 Miles

Jacksonville (2.95)

1. Luke Watson	Sr.	15:30	2013
2. Zach Haley	Jr.	15:51	2016
3. Tanner Arntzen	Jr.	16:14	2009
4. Mitch Dietrich	So.	16:16	2007
5. Steven Musholt	Sr.	16:28	2012
6. Carter Henry	Sr.	16:33	2015
7. Aaron Ley	Sr.	16:42	2012
8. Kyle McNett	Sr.	17:06	2009
9. Matt McCabe	Sr.	17:09	2009
10. Connor Redington	Sr.	17:11	2003

Canton (3.0)

1. Zach Haley	Jr.	16:58	2016
2. Tanner Arntzen	Sr.	17:09	2010
3. Mitch Dietrich	Sr.	17:19	2009
4. Kyle McNett	Sr.	18:02	2010
5. Matt McCabe	Sr.	18:03	2009
6. Steven Musholt	Jr.	18:09	2011
7. Carter Henry	Sr.	18:29	2015
8. Kris Poore	So.	18:37	2006
9. Tim Haley	Jr.	18:44	2007
10. Andrew Edgar	Jr.	18:50	2005

PORTA (2.93)

1. Luke Watson	Jr.	15:50	2012
2. Zach Haley	Sr.	16:41	2017
3. Steven Musholt	Jr.	16:54	2011
4. Carter Henry	Sr.	17:11	2015
5. Hunter Donaldson	Jr.	17:51	2013
6. Eric Eling	Sr.	18:12	2012
7. Steven Liao	Jr.	18:18	2017
8. Aaron Ley	Sr.	18:18	2012
9. Alex Kinsel	Fr.	18:24	2013
10. Alex Mast	So.	18:26	2016

QND Invite/Regional Course (3.0)

1. Zach Haley	Jr.	16:56	2016
2. Alex Mast	So.	18:12	2016
3. Carter Henry	Sr.	18:29	2015
4. Nathan Haxel	Jr.	18:48	2017
5. Hayden Donaldson	So.	18:48	2016
6. Sam Schlegl	So.	19:01	2017
7. Owen Ley	So.	19:05	2016
8. Steven Liao	Jr.	19:05	2017
9. Nathan Haxel	So.	19:16	2016
10. Hunter Donaldson	Sr.	19:25	2014

Monmouth (3.0) (2008-2017)

1. Luke Watson	Jr.	16:32	2012
2. Zach Haley	Jr.	17:11	2016
3. Tanner Arntzen	Sr.	17:23	2010
4. Mitch Dietrich	Sr.	17:35	2009
5. Steven Musholt	Jr.	17:45	2011
6. Kyle McNett	Sr.	17:47	2010
7. Carter Henry	Sr.	17:51	2015
8. Connor Mellon	So.	18:01	2010
9. Matt McCabe	Sr.	18:15	2009
10. Aaron Ley	Jr.	18:38	2011

Macomb (3.0)

1. Zach Haley	Jr.	16:19	2016
2. Tanner Arntzen	Sr.	16:25	2010
3. Luke Watson	Sr.	16:41	2013
4. Kyle McNett	Sr.	16:55	2010
5. Mitch Dietrich	Sr.	16:57	2009
6. Connor Mellon	Fr.	17:09	2010
7. Steven Musholt	So.	17:10	2010
8. Aaron Ley	Sr.	17:22	2012
9. Matt McCabe	Sr.	17:23	2009
10. Mark Baker	Sr.	17:24	2007

QHS (3.0) (Bob Mays Park)

1. Zach Haley	Jr.	16:35	2016
2. Mitch Dietrich	Sr.	17:29	2009
3. Tanner Arntzen	Jr.	17:39	2009
4. Kris Poore	Sr.	17:59	2008
5. Matt McCabe	Sr.	18:03	2009
6. Steven Musholt	Fr.	18:07	2009
7. Carter Henry	Sr.	18:08	2015
8. Alex Mast	So.	18:22	2016
9. Kyle McNett	So.	18:23	2008
10. Sam Schlegl	So.	18:52	2017

Liberty (3.0)

1. Luke Watson	Sr.	16:04	2013
2. Zach Haley	Jr.	16:23	2016
3. Aaron Ley	Sr.	16:51	2012
4. Tanner Arntzen	Sr.	16:55	2010
5. Steven Musholt	Sr.	17:03	2012
6. Kyle McNett	Sr.	17:17	2010
7. Anthony Haley	Sr.	17:24	2004
8. Connor Mellon	Fr.	17:27	2010
9. Nathan Haxel	Jr.	17:30	2017
10. Carter Henry	Sr.	17:31	2015

Carlinville (3.0)

1. Luke Watson	Sr.	15:25	2013
2. Tanner Arntzen	Sr.	16:10	2010
3. Zach Haley	Jr.	16:10	2016
4. Aaron Ley	Sr.	16:16	2012
5. Steven Musholt	Sr.	16:27	2012
6. Mitch Dietrich	So.	16:32	2007
7. Andrew Edgar	Jr.	16:46	2005
8. Mark Baker	Sr.	16:49	2007
9. Tim Haley	So.	16:53	2006
10. Kris Poore	Jr.	16:53	2007

Detweiller (3.0)

1. Luke Watson	Jr.	15:30	2012
2. Zach Haley	Jr.	16:13	2016
3. Tanner Arntzen	Sr.	16:23	2010
4. Kyle McNett	Sr.	16:27	2010
5. Steven Musholt	So.	16:38	2012
6. Aaron Ley	Sr.	16:40	2012
7. Mitch Dietrich	So.	16:44	2007
8. Connor Mellon	Fr.	16:55	2010
9. Mark Baker	Sr.	16:56	2007
10. Tim Haley	Jr.	17:11	2007

Franklin (3.0)

1. Luke Watson	So.	17:12	2011
2. Steven Musholt	Sr.	17:21	2012
3. Aaron Ley	Sr.	17:27	2012
4. Carter Henry	Sr.	17:52	2015
5. Eric Eling	Sr.	18:16	2012
6. Nick Scholz	Sr.	18:35	2012
7. Sean Eling	Sr.	18:52	2015
8. Hunter Donaldson	So.	18:55	2012
9. Alex Mast	Fr.	19:17	2015
10. Nick Haxel	Sr.	19:31	2015

Elmwood (3.0)

1. Luke Watson	Sr.	16:00	2013
2. Zach Haley	Jr.	16:09	2017
3. Tanner Arntzen	Sr.	16:33	2010
4. Kyle McNett	Sr.	16:50	2010
5. Steven Musholt	Sr.	16:58	2012
6. Aaron Ley	Sr.	17:28	2012
7. Connor Redington	Sr.	17:36	2014
8. Carter Henry	Jr.	17:36	2014
9. Anthony Haley	Sr.	17:38	2004
10. Connor Mellon	Fr.	17:41	2010

Quincy Notre Dame
Running Raider Cross Country
Top 10 Times by Class
Boys – 3.0 Miles (2002-2017)

Jacksonville (2.95) (2001-2017)

Freshmen

1. Steven Musholt	17:36	2009
2. Caleb Altgilbers	17:56	2013
3. Luke Watson	17:59	2010
4. Alex Kinsel	18:13	2013
5. Andrew Edgar	18:31	2003
6. Adam Scott	19:13	2012
7. Sam Schlegl	19:17	2016
8. Connor Mellon	19:19	2010
9. Sam Finson	19:45	2014
10. Alex Mast	19:59	2015

Sophomores

1. Luke Watson	16:04	2011
2. Mitch Dietrich	16:16	2007
3. Tanner Arntzen	17:24	2008
4. Connor Mellon	17:28	2011
5. Alex Mast	17:35	2016
6. Matt McCabe	17:47	2007
7. Caleb Altgilbers	17:51	2014
8. Kris Poore	17:52	2006
9. Kyle McNett	17:54	2008
10. Carter Henry	17:55	2013

Juniors

1. Zach Haley	15:51	2016
2. Tanner Arntzen	16:14	2009
3. Luke Watson	16:38	2012
4. Mitch Dietrich	16:47	2008
5. Kyle McNett	17:06	2009
6. Steven Musholt	17:12	2011
7. Tim Haley	17:18	2007
8. Matt McCabe	17:18	2008
9. Nathan Haxel	17:29	2017
10. Kris Poore	17:36	2007

Seniors

1. Luke Watson	15:30	2013
2. Steven Musholt	16:28	2012
3. Mitch Dietrich	16:30	2009
4. Aaron Ley	16:42	2012
5. Zach Haley	16:53	2017
6. Matt McCabe	17:09	2009
7. Connor Redington	17:11	2003
8. Tanner Arntzen	17:11	2010
9. Mark Baker	17:17	2007
10. Kyle McNett	17:20	2010

Canton (3.0) (2002-2017)

Freshmen

1. Steven Musholt	18:29	2009
2. Kris Poore	19:01	2005
3. Timothy Haley	19:03	2005
4. Connor Mellon	19:13	2010
5. Andrew Edgar	19:58	2003
6. Owen Ley	20:28	2015
7. Sam Finson	20:41	2014
8. Mark Baker	20:35	2004
9. Sam Schlegl	20:35	2016
10. Hayden Donaldson	20:58	2015

Sophomores

1. Mitch Dietrich	18:18	2007
2. Kris Poore	18:37	2006
3. Steven Musholt	18:38	2010
4. Mark Baker	18:59	2005
5. Alex Mast	19:04	2016
6. Tim Haley	19:08	2006
7. Connor Mellon	19:32	2011
8. Steven Liao	19:38	2016
9. Kyle McNett	19:40	2008
10. Hayden Donaldson	19:41	2016

Juniors

1. Zach Haley	16:58	2016
2. Tanner Arntzen	17:52	2009
3. Mitch Dietrich	18:00	2008
4. Steven Musholt	18:09	2011
5. Kyle McNett	18:28	2009
6. Tim Haley	18:44	2007
7. Andrew Edgar	18:50	2005
8. Matt McCabe	19:05	2008
9. Will Kloninger	19:05	2016
10. Kris Poore	19:09	2007

Seniors

1. Zach Haley	17:03	2017
2. Tanner Arntzen	17:09	2010
3. Mitch Dietrich	17:19	2009
4. Kyle McNett	18:02	2010
5. Matt McCabe	18:03	2009
6. Carter Henry	18:29	2015
7. Connor Redington	18:57	2003
8. Aaron Weiman	19:52	2005
9. Jeremy Koren	19:53	2002
10. Case Tierney	20:02	2008

PORTA (2.93) (2011-2017)

Freshmen

1. Alex Kinsel	18:24	2013
2. Owen Ley	19:09	2015
3. Jack Schieferdecker	19:15	2015
4. Caleb Altgilbers	19:19	2013
5. Adam Scott	19:20	2012
6. Hayden Donaldson	19:53	2015
7. Hunter Donaldson	19:54	2011
8. Carter Henry	20:21	2012
9. Sam Schlegl	20:30	2016
10. Nathan Haxel	20:36	2015

Juniors

1. Luke Watson	15:50	2012
2. Steven Musholt	16:54	2011
3. Zach Haley	17:02	2016
4. Hunter Donaldson	17:51	2013
5. Steven Liao	18:18	2017
6. Eric Eling	18:23	2011
7. Brandon Lake	18:44	2012
8. Alex Mast	18:47	2017
9. Nathan Haxel	18:47	2017
10. Nick Scholz	18:54	2011

QND Raider Invite/Regional Course (South Park) (3.0)

Freshmen

1. Sam Schlegl	19:43	2016
2. Owen Ley	20:37	2015
3. Hayden Donaldson	21:00	2015
4. Jack Schieferdecker	21:30	2015
5. Jonathan Finley	21:37	2016
6. Alex Mast	21:45	2015
7. Eli Finson	22:26	2016
8. Nathan Haxel	22:55	2015
9. Nate Connolly	23:25	2017
10. Dalton Steinkamp	25:02	2015

Juniors

1. Zach Haley	16:56	2016
2. Nathan Haxel	18:48	2017
3. Carter Henry	18:50	2014
4. Steven Liao	19:05	2017
5. Alex Mast	19:20	2017
6. Hayden Donaldson	19:27	2017
7. Nick Haxel	19:50	2014
8. Owen Ley	19:54	2017
9. Sean Eling	20:23	2014
10. Sam Finson	20:27	2016

Sophomores

1. Luke Watson	17:49	2011
2. Alex Mast	18:26	2016
3. Carter Henry	18:38	2013
4. Sam Schlegl	18:52	2013
5. Brandon Lake	19:01	2011
6. Hunter Donaldson	19:13	2012
7. Alex Kinsel	19:14	2014
8. Caleb Altgilbers	19:15	2014
9. Owen Ley	19:17	2016
10. Ty Lunt	19:29	2011

Seniors

1. Luke Watson	15:57	2013
2. Zach Haley	16:41	2017
3. Steven Musholt	17:03	2012
4. Carter Henry	17:11	2015
5. Eric Eling	18:12	2012
6. Aaron Ley	18:18	2012
7. Ty Lunt	18:31	2013
8. Hunter Donaldson	18:47	2014
9. Nick Haxel	19:14	2015
10. Bobby Irvine	20:01	2012

Sophomores

1. Alex Mast	18:12	2016
2. Hayden Donaldson	18:48	2016
3. Sam Schlegl	19:01	2017
4. Owen Ley	19:05	2016
5. Nathan Haxel	19:16	2016
6. Sam Finson	20:32	2015
7. Noah Klauser	20:50	2017
8. Jonathan Finley	21:42	2017
9. Dalton Steinkamp	24:07	2016
10. Brady Walker	24:17	2017

Seniors

1. Zach Haley	17:05	2017
2. Carter Henry	18:29	2015
3. Hunter Donaldson	19:25	2014
4. Graham Steinkamp	19:48	2014
5. Joey Mueller	19:59	2014
6. Sam Finson	20:23	2017
7. Sean Eling	20:29	2015
8. Tyler Betts	21:04	2016
9. Jaden Sangoi	21:34	2015
10. Nick Haxel	21:53	2015

QHS (3.0) (Bob Mays Park) (2008-09, 2014-2017)

Freshmen

1. Steven Musholt	18:07	2009
2. Sam Schlegl	19:37	2016
3. Alex Mast	19:42	2015
4. Owen Ley	19:53	2015
5. Hayden Donaldson	20:17	2015
6. Nathan Haxel	20:55	2015
7. Jonathan Finley	22:02	2016
8. Eli Finson	22:30	2016
9. Dalton Steinkamp	23:00	2015
10. Nate Connolly	23:05	2017

Juniors

1. Zach Haley	16:35	2016
2. Tanner Arntzen	17:39	2009
3. Matt McCabe	18:15	2008
4. Kyle McNett	18:31	2009
5. Steven Liao	19:05	2017
6. Carter Henry	19:06	2014
7. Owen Ley	19:09	2017
8. Nathan Haxel	19:16	2017
9. Dalton Steinkamp	19:53	2017
10. Sam Finson	19:58	2016

Liberty (3.0) (2001-2017)

Freshmen

1. Connor Mellon	17:27	2010
2. Tim Haley	17:44	2005
3. Steven Musholt	18:03	2009
4. Caleb Altgilbers	18:11	2013
5. Kris Poore	18:45	2005
6. Mark Baker	18:46	2004
7. Mitch Dietrich	18:56	2006
8. Owen Ley	19:01	2015
9. Alex Kinsel	19:08	2013
10. Alex Mast	19:21	2015

Juniors

1. Zach Haley	16:23	2016
2. Tanner Arntzen	17:20	2009
3. Nathan Haxel	17:30	2017
4. Steven Musholt	17:48	2011
5. Mitch Dietrich	18:02	2008
6. Kyle McNett	18:04	2009
7. Hunter Donaldson	18:05	2013
8. Stefan-Paul Schweitzer	18:18	2004
9. Carter Henry	18:19	2014
10. Mark Baker	18:21	2006

Sophomores

1. Alex Mast	18:22	2016
2. Kyle McNett	18:23	2008
3. Tanner Arntzen	18:25	2008
4. Hayden Donaldson	18:44	2016
5. Nathan Haxel	18:51	2016
6. Sam Schlegl	18:52	2017
7. Caleb Altgilbers	19:02	2014
8. Owen Ley	19:30	2016
9. Steven Liao	19:37	2016
10. Sam Finson	19:41	2015

Seniors

1. Mitch Dietrich	17:29	2009
2. Kris Poore	17:59	2008
3. Matt McCabe	18:03	2009
4. Carter Henry	18:08	2015
5. Tyler Betts	19:12	2016
6. Andrew Musholt	19:17	2008
7. Sean Eling	19:24	2015
8. Hunter Donaldson	19:38	2014
9. Graham Steinkamp	19:49	2014
10. Nick Haxel	20:00	2015

Sophomores

1. Luke Watson	17:13	2011
2. Mitch Dietrich	17:46	2007
3. Tim Haley	17:47	2006
4. Kris Poore	17:48	2006
5. Alex Mast	17:57	2016
6. Steven Musholt	18:12	2010
7. Nathan Haxel	18:14	2016
8. Carter Henry	18:16	2013
9. Hayden Donaldson	18:25	2016
10. Sam Schlegl	18:30	2017

Seniors

1. Luke Watson	16:04	2011
2. Aaron Ley	16:51	2012
3. Tanner Arntzen	16:55	2010
4. Steven Mustholt	17:03	2012
5. Kyle McNett	17:17	2012
6. Zach Haley	17:17	2017
7. Anthony Haley	17:24	2004
8. Carter Henry	17:31	2015
9. Matt McCabe	17:45	2009
10. Mitch Dietrich	18:05	2009

Monmouth (3.0) (2008-2017)

Freshmen

1. Luke Watson	17:53	2010
2. Connor Mellon	18:07	2010
3. Steven Musholt	18:18	2009
4. Caleb Altgilbers	19:34	2013
5. Alex Mast	19:39	2015
6. Alex Kinsel	19:46	2013
7. Adam Scott	20:13	2012
8. Hayden Donaldson	20:20	2015
9. Sam Schlegl	20:24	2016
10. Owen Ley	20:29	2015

Juniors

1. Luke Watson	16:32	2012
2. Zach Haley	17:11	2016
3. Tanner Arntzen	17:30	2009
4. Steven Musholt	17:45	2011
5. Kyle McNett	18:30	2009
6. Aaron Ley	18:40	2011
7. Mitch Dietrich	18:41	2008
8. Eric Eling	18:48	2011
9. Matt McCabe	19:07	2008
10. Hunter Donaldson	19:13	2013

Macomb (3.0) (2001-2017)

Freshmen

1. Connor Mellon	17:09	2010
2. Luke Watson	17:14	2010
3. Steven Musholt	17:36	2009
4. Tim Haley	17:48	2005
5. Kris Poore	18:20	2005
6. Andrew Edgar	18:38	2003
7. Caleb Altgilbers	18:38	2013
8. Mark Baker	18:54	2004
9. Alex Kinsel	19:02	2013
10. Jack Schieferdecker	19:06	2015

Juniors

1. Zach Haley	16:19	2016
2. Tanner Arntzen	16:44	2009
3. Mitch Dietrich	17:16	2008
4. Kris Poore	17:30	2007
5. Stefan-Paul Schweitzer	17:42	2004
6. Andrew Edgar	17:44	2005
7. Kyle McNett	17:47	2009
8. Steven Musholt	18:00	2011
9. Tim Haley	18:03	2007
10. Nathan Haxel	18:09	2017

Sophomores

1. Luke Watson	17:27	2011
2. Steven Musholt	18:07	2010
3. Alex Mast	18:44	2016
4. Carter Henry	18:48	2013
5. Aaron Ley	18:53	2010
6. Hayden Donaldson	19:13	2016
7. Sam Finson	19:38	2015
8. Kyle McNett	19:41	2008
9. Tanner Arntzen	19:45	2008
10. Nathan Haxel	19:49	2016

Seniors

1. Luke Watson	16:51	2013
2. Tanner Arntzen	17:23	2010
3. Mitch Dietrich	17:35	2009
4. Kyle McNett	17:47	2010
5. Steven Musholt	17:49	2012
6. Carter Henry	18:11	2015
7. Matt McCabe	18:15	2009
8. Nick Scholz	18:44	2012
9. Aaron Ley	19:06	2012
10. Hunter Donaldson	19:07	2014

Sophomores

1. Mitch Dietrich	17:02	2007
2. Steven Musholt	17:10	2010
3. Luke Watson	17:10	2011
4. Kris Poore	17:36	2006
5. Tim Haley	17:57	2006
6. Aaron Ley	17:58	2010
7. Adam Stupavsky	18:04	2010
8. Matt McCabe	18:15	2007
9. Tanner Arntzen	18:23	2008
10. Kyle McNett	18:30	2008

Seniors

1. Tanner Arntzen	16:25	2010
2. Luke Watson	16:41	2013
3. Kyle McNett	16:55	2010
4. Mitch Dietrich	16:57	2009
5. Steven Musholt	17:19	2012
6. Aaron Ley	17:22	2012
7. Matt McCabe	17:23	2009
8. Mark Baker	17:24	2007
9. Carter Henry	17:33	2015
10. Kris Poore	17:35	2008

Carlinville (3.0) (2003-2017)

Freshmen

1. Connor Mellon	16:55	2010
2. Steven Musholt	17:23	2009
3. Caleb Altgilbers	17:37	2013
4. Tim Haley	17:51	2005
5. Mitch Dietrich	18:05	2006
6. Kris Poore	18:08	2005
7. Sam Schlegl	18:24	2016
8. Matt McCabe	18:28	2006
9. Alex Kinsel	18:30	2013
10. Mark Baker	18:39	2004

Juniors

1. Zach Haley	16:10	2016
2. Tanner Arntzen	16:18	2009
3. Andrew Edgar	16:46	2005
4. Kris Poore	16:53	2007
5. Mitch Dietrich	16:55	2008
6. Tim Haley	17:06	2007
7. Hunter Donaldson	17:16	2013
8. Kyle McNett	17:22	2009
9. Matt McCabe	17:26	2008
10. Connor Redington	17:34	2002

Elmwood (3.0) (2001-05, 2009-16)

Freshmen

1. Luke Watson	17:01	2010
2. Connor Mellon	17:41	2010
3. Time Haley	17:48	2005
4. Andrew Edgar	18:33	2003
5. Kyle McNett	17:25	2009
6. Kris Poore	18:49	2005
7. Alex Kinsel	18:53	2013
8. Sam Schlegl	19:00	2016
9. Mark Baker	19:16	2004
10. Andrew Musholt	19:38	2005

Juniors

1. Luke Watson	16:04	2012
2. Zach Haley	16:14	2016
3. Tanner Arntzen	16:51	2009
4. Steven Musholt	17:22	2011
5. Kyle McNett	17:25	2009
6. Nathan Haxel	17:29	2017
7. Carter Henry	17:36	2014
8. Andrew Edgar	17:47	2005
9. Steven Liao	18:04	2017
10. Owen Ley	18:22	2017

Sophomores

1. Luke Watson	16:14	2011
2. Mitch Dietrich	16:32	2007
3. Tim Haley	16:53	2006
4. Kris Poore	16:54	2006
5. Steven Musholt	17:07	2010
6. Alex Mast	17:14	2016
7. Carter Henry	17:17	2013
8. Tanner Arntzen	17:41	2008
9. Kyle McNett	17:45	2008
10. Aaron Ley	17:51	2010

Seniors

1. Luke Watson	15:25	2013
2. Tanner Arntzen	16:10	2010
3. Aaron Ley	16:16	2012
4. Steven Musholt	16:27	2012
5. Mark Baker	16:49	2007
6. Kyle McNett	16:56	2010
7. Matt McCabe	17:01	2009
8. Daniel Yuraitis	17:06	2006
9. Carter Henry	17:10	2015
10. Anthony Haley	17:15	2004

Sophomores

1. Luke Watson	16:05	2011
2. Steven Musholt	17:35	2010
3. Carter Henry	17:38	2013
4. Adam Stupavsky	18:15	2010
5. Hunter Donaldson	18:26	2012
6. Nathan Haxel	18:28	2016
7. Andrew Edgar	18:33	2004
8. Owen Ley	18:38	2016
9. Aaron Ley	18:44	2010
10. Ty Lunt	18:51	2011

Seniors

1. Luke Watson	16:00	2013
2. Zach Haley	16:09	2017
3. Tanner Arntzen	16:33	2010
4. Kyle McNett	16:50	2010
5. Steven Musholt	16:58	2012
6. Aaron Ley	17:28	2012
7. Connor Redington	17:36	2003
8. Anthony Haley	17:38	2004
9. Mitch Dietrich	17:46	2009
10. Matt McCabe	17:48	2009

Detweiller (3.0) (2001-2017)

Freshmen

1. Connor Mellon	16:55	2010
2. Steven Musholt	17:50	2009
3. Luke Watson	17:50	2010
4. Tim Haley	18:35	2005
5. Mark Baker	18:38	2004
6. Owen Ley	18:47	2015
7. Alex Mast	18:57	2015
8. Kyle McNett	18:59	2007
9. Sam Schlegl	19:12	2016
10. Andrew Edgar	19:35	2003

Juniors

1. Luke Watson	15:30	2012
2. Zach Haley	16:13	2016
3. Tanner Arntzen	16:46	2009
4. Tim Haley	17:11	2007
5. Steven Musholt	17:13	2011
6. Kris Poore	17:21	2007
7. Mitch Dietrich	17:22	2008
8. Carter Henry	18:00	2014
9. Kyle McNett	18:03	2009
10. Stefan-Paul Schweitzer	18:16	2004

Sophomores

1. Luke Watson	15:51	2011
2. Mitch Dietrich	16:44	2007
3. Steven Musholt	16:57	2010
4. Caleb Altgilbers	17:32	2014
5. Kyle McNett	17:43	2008
6. Tanner Arntzen	17:45	2008
7. Alex Mast	17:46	2016
8. Mark Baker	17:59	2005
9. Andrew Edgar	18:15	2004
10. Adam Stupavsky	18:21	2010

Seniors

1. Luke Watson	15:37	2013
2. Tanner Arntzen	16:23	2010
3. Kyle McNett	16:27	2010
4. Steven Musholt	16:38	2012
5. Aaron Ley	16:40	2012
6. Mark Baker	16:56	2007
7. Mitch Dietrich	17:09	2009
8. Carter Henry	17:13	2015
9. Matt McCabe	17:29	2009
10. Anthony Haley	17:30	2004

Quincy Notre Dame
Running Raider Cross Country
Top 10 Individual Bests
Girls – 3.0 Miles

Jacksonville (2.95)

1. Andrea Edgar	Sr.	18:19	2002
2. Amanda Darnell	Sr.	18:42	2008
3. Mariel McNay	Fr.	18:50	2003
4. Ashley Strieker	Jr.	19:03	2008
5. Sarah Lewis	Jr.	19:24	2014
6. Ella Borrowman	Fr.	19:45	2015
7. Megan Mackenzie	Sr.	19:59	2002
8. Holly Dix	Sr.	20:06	2013
9. Abby Grawe	Jr.	20:19	2011
10. Lindsey Ayo	Fr.	20:25	2015

Canton (3.0)

1. Amanda Darnell	Jr.	19:48	2007
2. Andrea Edgar	Sr.	19:55	2002
3. Ella Borrowman	So.	20:48	2016
4. Mariel McNay	So.	20:55	2004
5. Sarah Lewis	Jr.	21:12	2014
6. Ashley Strieker	So.	21:17	2007
7. Abby Grawe	Fr.	21:28	2009
8. Peyton Oden	Sr.	21:56	2016
9. Lindsey Ayo	So.	22:26	2016
10. Amanda Dreyer	So.	22:36	2014

PORTA (2.93)

1. Ella Borrowman	Fr.	19:36	2015
2. Sarah Lewis	Jr.	19:54	2014
3. Holly Dix	Sr.	20:13	2013
4. Abby Grawe	Jr.	21:16	2011
5. Peyton Oden	So.	21:23	2014
6. Amanda Dreyer	So.	21:23	2014
7. Lindsey Ayo	Fr.	22:01	2015
8. Maggie Schwartz	Sr.	22:02	2013
9. Hannah Cobb	Jr.	22:11	2013
10. Mary Hugenberg	So.	22:14	2011

QND Invite/Regional Course (3.0)

1. Sarah Lewis	Jr.	20:29	2014
2. Ella Borrowman	Fr.	20:39	2015
3. Amanda Dreyer	So.	21:29	2014
4. Lindsey Ayo	So.	22:02	2016
5. Jazel Carr	Fr.	22:57	2016
6. Peyton Oden	Jr.	23:03	2015
7. Georgia Wilson	Fr.	23:10	2017
8. Lexa Borrowman	So.	23:11	2016
9. Erica Frankenhoff	So.	23:28	2017
10. Katelyn Dixon	Jr.	24:03	2017

Monmouth (3.0) (2008-2017)

1. Ashley Strieker	Jr.	20:29	2008
2. Amanda Darnell	Sr.	20:36	2008
3. Ella Borrowman	Fr.	20:41	2015
4. Sarah Lewis	Jr.	20:55	2014
5. Lindsey Ayo	Fr.	21:11	2015
6. Peyton Oden	Jr.	21:32	2015
7. Holly Dix	Sr.	21:53	2013
8. Amanda Dreyer	So.	22:10	2014
9. Abby Grawe	Jr.	22:12	2011
10. Macy Willer	Jr.	22:35	2010

Macomb (3.0)

1. Andrea Edgar	Sr.	18:38	2002
2. Amanda Darnell	Jr.	18:57	2007
3. Mariel McNay	Fr.	19:10	2003
4. Ashley Strieker	Jr.	19:23	2008
5. Ella Borrowman	Fr.	19:39	2015
6. Sarah Lewis	Jr.	20:08	2014
7. Abby Grawe	Fr.	20:34	2009
8. Macy Willer	Jr.	21:04	2010
9. Megan Mackenzie	Sr.	21:15	2002
10. Lindsey Ayo	So.	20:18	2016

QHS (3.0) (Bob Mays Park)

1. Ashley Strieker	Jr.	19:54	2008
2. Ella Borrowman	Fr.	20:20	2015
3. Sarah Lewis	Jr.	21:13	2014
4. Lindsey Ayo	So.	21:30	2016
5. Amanda Dreyer	So.	22:15	2014
6. Jazel Carr	Fr.	22:15	2016
7. Peyton Oden	Sr.	22:26	2016
8. Abby Grawe	Fr.	22:32	2009
9. Alexis Niemann	Jr.	22:39	2008
10. Lexa Borrowman	So.	22:57	2016

Liberty (3.0)

1. Amanda Darnell	Sr.	19:02	2008
2. Mariel McNay	So.	19:25	2004
3. Andrea Edgar	Sr.	19:40	2002
4. Ella Borrowman	So.	20:03	2016
5. Ashley Strieker	Jr.	20:05	2008
6. Sarah Lewis	Jr.	20:42	2014
7. Lindsey Ayo	So.	21:04	2016
8. Holly Dix	Sr.	21:17	2013
9. Megan Mackenzie	Sr.	21:27	2002
10. Jenn Gallaher	So.	21:33	2006

Carlinsville (3.0)

1. Amanda Darnell	Sr.	18:38	2008
2. Andrea Edgar	Sr.	18:40	2002
3. Ashley Strieker	Jr.	19:01	2008
4. Mariel McNay	So.	19:14	2004
5. Ella Borrowman	Fr.	19:31	2015
6. Sarah Lewis	So.	20:00	2013
7. Megan Mackenzie	Sr.	20:13	2002
8. Lindsey Ayo	So.	20:25	2016
9. Jenn Gallaher	So.	20:38	2006
10. Peyton Oden	Jr.	20:38	2015

Detweiller (3.0)

1. Andrea Edgar	Sr.	17:59	2002
2. Amanda Darnell	Sr.	18:40	2008
3. Mariel McNay	So.	18:58	2004
4. Ella Borrowman	Fr.	19:19	2015
5. Ashley Strieker	Jr.	19:25	2008
6. Sarah Lewis	Jr.	19:51	2014
7. Peyton Oden	Jr.	20:09	2015
8. Lindsey Ayo	Fr.	20:31	2015
9. Amanda Dreyer	So.	20:48	2014
10. Megan Mackenzie	Sr.	20:52	2002

Franklin (3.0)

1. Ella Borrowman	Fr.	20:26	2015
2. Sarah Lewis	Sr.	21:05	2015
3. Lindsey Ayo	Fr.	21:20	2015
4. Peyton Oden	Jr.	21:31	2015
5. Abby Grawe	Jr.	22:12	2011
6. Mary Hugenberg	Jr.	23:06	2011
7. Macy Willer	Sr.	23:21	2011
8. Maddie Nuebel	Jr.	24:29	2015
9. Maggie Schwartz	Jr.	24:33	2012
10. Lexa Borrowman	Fr.	25:06	2015

Elmwood (3.0)

1. Andrea Edgar	Sr.	18:39	2002
2. Mariel McNay	Fr.	19:01	2003
3. Sarah Lewis	Jr.	19:58	2014
4. Ella Borrowman	Fr.	20:03	2015
5. Ashley Strieker	Sr.	20:23	2009
6. Lindsey Ayo	Fr.	20:50	2015
7. Megan Mackenzie	Sr.	20:57	2002
8. Amanda Darnell	Fr.	20:57	2005
9. Abby Grawe	Jr.	21:08	2011
10. Amanda Dreyer	So.	21:14	2014

Quincy Notre Dame
Running Raider Cross Country
Top 10 Times by Class
Girls – 3.0 Miles (2002-2017)

Jacksonville (2.95)

Freshmen

1. Mariel McNay	18:50	2003
2. Ella Borrowman	19:45	2015
3. Lindsey Ayo	20:25	2015
4. Abby Grawe	21:14	2009
5. Jamie Poore	21:20	2003
6. Ashley Strieker	21:20	2006
7. Denise Dreyer	21:23	2002
8. Sarah Lewis	21:23	2012
9. Macy Willer	21:31	2008
10. Leigh Miller	21:42	2002

Sophomores

1. Amanda Darnell	19:59	2006
2. Ella Borrowman	20:20	2016
3. Sarah Lewis	20:37	2013
4. Lindsey Ayo	20:39	2016
5. Ashley Strieker	21:09	2007
6. Peyton Oden	21:20	2014
7. Amanda Dreyer	21:21	2014
8. Mary Hugenberg	21:33	2011
9. Denise Dreyer	21:42	2003
10. Lexa Borrowman	21:48	2016

Juniors

1. Ashley Strieker	19:03	2008
2. Sarah Lewis	19:24	2014
3. Amanda Darnell	19:38	2007
4. Ella Borrowman	19:49	2017
5. Abby Grawe	20:19	2011
6. Lindsey Ayo	20:36	2017
7. Amanda Dreyer	20:50	2015
8. Peyton Oden	21:06	2015
9. Alexis Coleman	21:38	2007
10. Laura Wittland	21:40	2002

Seniors

1. Andrea Edgar	18:19	2002
2. Amanda Darnell	18:42	2008
3. Mariel McNay	19:54	2006
4. Megan Mackenzie	19:59	2002
5. Holly Dix	20:06	2013
6. Sarah Lewis	20:24	2015
7. Ashley Strieker	20:45	2009
8. Samantha Jackson	20:57	2007
9. Peyton Oden	20:58	2016
10. Alexis Niemann	21:22	2009

Canton (3.0)

Freshmen

1. Ella Borrowman	21:07	2015
2. Mariel McNay	21:08	2003
3. Abby Grawe	21:28	2009
4. Amanda Darnell	22:31	2005
5. Ashley Strieker	22:50	2006
6. Georgia Wilson	23:08	2017
7. Mary Hugenberg	23:47	2010
8. Kelli Keck	23:56	2004
9. Jazel Carr	24:00	2016
10. Lindsey Ayo	24:18	2015

Sophomores

1. Ella Borrowman	20:48	2016
2. Mariel McNay	20:55	2004
3. Amanda Darnell	21:05	2006
4. Ashley Strieker	21:17	2007
5. Peyton Oden	22:18	2014
6. Lindsey Ayo	22:26	2016
7. Amanda Dreyer	22:36	2014
8. Abby Grawe	22:39	2010
9. Jenn Gallaher	23:02	2006
10. Lexa Borrowman	23:24	2016

Juniors

1. Amanda Darnell	19:48	2007
2. Sarah Lewis	21:12	2014
3. Ashley Strieker	21:24	2008
4. Mariel McNay	21:41	2005
5. Ella Borrowman	22:15	2017
6. Macy Willer	22:48	2010
7. Peyton Oden	23:25	2015
8. Laura Wittland	24:01	2002
9. Alexis Coleman	24:04	2007
10. Abby Grawe	24:09	2011

Seniors

1. Andrea Edgar	19:55	2002
2. Peyton Oden	21:56	2016
3. Hannah Stroot	23:02	2008
4. Katie Holm	24:09	2007
5. Samantha Johnson	24:20	2007
6. Alexis Coleman	24:47	2008
7. Karen Beard	24:50	2002
8. Paula Holm	24:51	2010
9. Meghan Terwelp	25:05	2002
10. Laura Wittland	25:25	2003

Detweiler (3.0)

Freshmen

1. Mariel McNay	19:15	2003
2. Ella Borrowman	19:19	2015
3. Lindsey Ayo	20:31	2015
4. Amanda Darnell	21:17	2005
5. Abby Grawe	21:28	2009
6. Jazel Carr	21:58	2016
7. Sarah Lewis	21:59	2012
8. Kelli Keck	22:12	2004
9. Lexa Borrowman	22:22	2015
10. Jenn Gallaher	22:25	2005

Juniors

1. Mariel McNay	19:20	2005
2. Ashley Strieker	19:25	2008
3. Sarah Lewis	19:51	2014
4. Peyton Oden	20:10	2015
5. Ella Borrowman	20:19	2017
6. Macy Willer	21:13	2010
7. Abby Grawe	21:21	2011
8. Alexis Niemann	21:53	2008
9. Hannah Witte	22:05	2010
10. Lindsey Ayo	22:13	2017

QND Invite/Regional Course (South Park 3.0)

Freshmen

1. Ella Borrowman	20:39	2015
2. Jazel Carr	22:57	2016
3. Georgia Wilson	23:10	2017
4. Lindsey Ayo	23:28	2015
5. Samantha Strieker	24:50	2016
6. Lexa Borrowman	24:58	2015
7. Katelyn Dixon	25:50	2015
8. Lexi Haskins	32:51	2015
9.		
10.		

Juniors

1. Sarah Lewis	20:29	2014
2. Ella Borrowman	21:30	2017
3. Lindsey Ayo	22:21	2017
4. Peyton Oden	23:03	2015
5. Katelyn Dixon	24:03	2017
6. AJ Rhatigan-Meyer	26:29	2014
7. Carly Wilson	28:48	2015
8. Maddie Nuebel	29:22	2015
9. Lexi Haskins	30:12	2017
10.		

Sophomores

1. Amanda Darnell	18:47	2006
2. Mariel McNay	18:58	2004
3. Ella Borrowman	20:05	2016
4. Amanda Dreyer	20:48	2014
5. Lindsey Ayo	20:51	2016
6. Lexa Borrowman	21:29	2016
7. Abby Grawe	21:50	2010
8. Mary Hugenberg	21:54	2011
9. Peyton Oden	22:03	2014
10. Paula Holm	22:23	2008

Seniors

1. Andrea Edgar	17:59	2002
2. Amanda Darnell	18:40	2008
3. Megan Mackenzie	20:52	2002
4. Sarah Lewis	21:00	2015
5. Samantha Johnson	21:17	2007
6. Ashley Strieker	21:18	2009
7. Alexis Niemann	21:35	2009
8. Katie Holm	21:42	2007
9. Abby Grawe	22:01	2012
10. Peyton Oden	22:08	2016

Sophomores

1. Ella Borrowman	21:20	2016
2. Amanda Dreyer	21:29	2014
3. Lindsey Ayo	22:02	2016
4. Peyton Oden	23:05	2014
5. Lexa Borrowman	23:11	2016
6. Erica Frankenhoff	23:28	2017
7. Samantha Strieker	24:26	2017
8. Siarra Harvey	25:19	2017
9. Maddie Nuebel	25:45	2014
10. Erica Frankenhoff	25:46	2017

Seniors

1. Sarah Lewis	22:36	2015
2. Peyton Oden	23:34	2016
3. Maddie Nuebel	26:07	2016
4. Lauren Vahlkamp	27:53	2014
5. Lauren Eaton	35:16	2016
6.		
7.		
8.		
9.		
10.		

PORTA (2.93)

Freshmen

1. Ella Borrowman	19:36	2015
2. Lindsey Ayo	22:01	2015
3. Sarah Lewis	22:24	2012
4. Lexa Borrowman	23:10	2015
5. Jazel Carr	24:08	2016
6. Samantha Strieker	25:21	2016
7. Rachel Lunt	25:52	2013
8. Lauren Eaton	26:03	2013
9. Marissa Bauer	27:14	2012
10. Angela Halter	28:21	2013

Juniors

1. Sarah Lewis	19:54	2014
2. Ella Borrowman	20:31	2017
3. Abby Grawe	21:16	2011
4. Lindsey Ayo	21:46	2017
5. Hannah Cobb	22:11	2013
6. Katelyn Dixon	23:04	2017
7. Mary Hugenberg	23:13	2012
8. Maggie Schwartz	23:56	2012
9. Maddie Nuebel	24:57	2015
10. AJ Rhatigan-Meyer	25:13	2014

Monmouth (3.0) (2008-2017)

Freshmen

1. Ella Borrowman	20:59	2015
2. Lindsey Ayo	22:15	2015
3. Abby Grawe	22:47	2009
4. Mary Hugenberg	23:03	2010
5. Jazel Carr	23:31	2016
6. Macy Willer	23:20	2008
7. Sarah Lewis	23:58	2012
8. Lexa Borrowman	24:02	2015
9. Maggie Schwartz	24:25	2010
10. Samantha Strieker	24:56	2016

Juniors

1. Ashley Strieker	20:29	2008
2. Sarah Lewis	20:55	2014
3. Abby Grawe	22:12	2011
4. Macy Willer	22:35	2010
5. Lindsey Ayo	22:49	2017
6. Peyton Oden	23:08	2015
7. Ella Borrowman	23:14	2017
8. Alexis Niemann	23:15	2008
9. Hannah Cobb	23:24	2013
10. Paula Holm	23:53	2009

Sophomores

1. Ella Borrowman	20:12	2016
2. Sarah Lewis	21:22	2013
3. Peyton Oden	21:23	2014
4. Amanda Dreyer	21:23	2014
5. Lindsey Ayo	22:01	2016
6. Mary Hugenberg	22:12	2011
7. Lexa Borrowman	22:23	2016
8. Maggie Schwartz	22:33	2011
9. Erica Frankenhoff	24:00	2017
10. Hannah Cobb	24:45	2012

Seniors

1. Holly Dix	20:13	2013
2. Sarah Lewis	21:14	2015
3. Maggie Schwartz	22:02	2013
4. Abby Grawe	22:09	2012
5. Peyton Oden	22:10	2016
6. Elyse Hilotin	24:49	2013
7. Alysha Hagarty	25:03	2011
8. Maddie Eaton	25:11	2013
9. Shelby Ulrich	25:32	2013
10.		

Sophomores

1. Lindsey Ayo	21:32	2016
2. Ella Borrowman	22:08	2016
3. Amanda Dreyer	22:10	2014
4. Sarah Lewis	22:53	2013
5. Mary Hugenberg	23:13	2011
6. Abby Grawe	23:19	2010
7. Maggie Schwartz	23:46	2011
8. Paula Holm	23:58	2008
9. Hannah Cobb	24:30	2012
10. Erica Frankenhoff	24:52	2017

Seniors

1. Amanda Darnell	20:36	2008
2. Holly Dix	21:53	2013
3. Sarah Lewis	22:43	2015
4. Paula Holm	22:56	2010
5. Alexis Niemann	23:02	2009
6. Peyton Oden	23:10	2016
7. Abby Grawe	23:12	2012
8. Maggie Schwartz	23:42	2013
9. Alexis Coleman	24:12	2008
10. Jenn Gallaher	26:31	2008

Macomb (3.0)

Freshmen

1. Mariel McNay	19:10	2003
2. Ella Borrowman	19:39	2015
3. Abby Grawe	20:34	2009
4. Amanda Darnell	21:05	2005
5. Lindsey Ayo	21:18	2015
6. Ashley Strieker	21:30	2006
7. Jenn Gallaher	22:01	2005
8. Jamie Poore	22:17	2003
9. Sarah Lewis	22:17	2012
10. Mary Hugenberg	22:21	2010

Juniors

1. Amanda Darnell	18:57	2007
2. Ashley Strieker	19:23	2008
3. Mariel McNay	19:41	2005
4. Sarah Lewis	20:08	2014
5. Macy Willer	21:04	2010
6. Ella Borrowman	21:05	2017
7. Peyton Oden	21:22	2015
8. Abby Grawe	21:28	2011
9. Lindsey Ayo	21:46	2017
10. Amanda Dreyer	21:48	2015

QHS (3.0) (Bob Mays Park)

Freshmen

1. Ella Borrowman	20:20	2015
2. Lindsey Ayo	21:51	2015
3. Jazel Carr	22:15	2016
4. Abby Grawe	22:32	2009
5. Lexa Borrowman	23:57	2015
6. Samantha Strieker	24:16	2016
7. Georgia Wilson	24:52	2017
8. Aubrey Wilson	24:52	2008
9. Emily Coulter	27:09	2009
10. Ava Schlueter	29:19	2016

Juniors

1. Ashley Strieker	19:54	2008
2. Ella Borrowman	20:40	2017
3. Sarah Lewis	21:13	2014
4. Lindsey Ayo	22:13	2017
5. Peyton Oden	22:37	2015
6. Alexis Niemann	22:39	2008
7. Katelyn Dixon	23:03	2017
8. Paula Holm	23:13	2008
9. Maddie Nuebel	25:24	2015
10. Pasha Yates	27:18	2008

Sophomores

1. Amanda Darnell	19:05	2006
2. Mariel McNay	19:13	2004
3. Ella Borrowman	20:37	2016
4. Lindsey Ayo	21:18	2016
5. Abby Grawe	21:22	2010
6. Amanda Dreyer	21:22	2014
7. Sarah Lewis	21:47	2013
8. Peyton Oden	21:58	2014
9. Denise Dreyer	22:06	2003
10. Mary Hugenberg	22:24	2011

Seniors

1. Andrea Edgar	18:58	2002
2. Sarah Lewis	20:54	2015
3. Megan Mackenzie	21:15	2002
4. Mariel McNay	21:22	2006
5. Lexi Niemann	21:27	2009
6. Holly Dix	21:30	2013
7. Denise Dreyer	21:38	2005
8. Peyton Oden	21:53	2016
9. Paula Holm	22:03	2010
10. Samantha Johnson	22:10	2007

Sophomores

1. Ella Borrowman	20:44	2016
2. Lindsey Ayo	21:30	2016
3. Amanda Dreyer	22:15	2014
4. Lexa Borrowman	22:57	2016
5. Erica Frankenhoff	23:32	2017
6. Peyton Oden	23:58	2014
7. Siearra Harvey	24:26	2017
8. Maddie Nuebel	26:04	2014
9. Rachel Lunt	26:32	2014
10. Samantha Strieker	26:44	2017

Seniors

1. Sarah Lewis	21:51	2015
2. Peyton Oden	23:58	2016
3. Alexis Coleman	23:00	2008
4. Alexis Niemann	23:01	2009
5. Ashley Strieker	23:50	2009
6. Paula Holm	24:25	2009
7. Jenn Gallaher	26:01	2008
8. Maddie Nuebel	26:45	2016
9. Lauren Vahlkamp	26:50	2014
10. Pasha Yates	27:49	2009

Liberty (3.0)

Freshmen

1. Mariel McNay	20:26	2003
2. Amanda Darnell	20:34	2005
3. Ashley Strieker	20:54	2006
4. Jazel Carr	21:40	2016
5. Ella Borrowman	21:50	2015
6. Jenn Gallaher	21:58	2005
7. Abby Grawe	22:07	2009
8. Kelli Keck	22:21	2004
9. Sarah Lewis	22:31	2012
10. Macy Willer	22:45	2008

Juniors

1. Ashley Strieker	20:05	2008
2. Mariel McNay	20:17	2005
3. Sarah Lewis	20:42	2014
4. Ella Borrowman	21:09	2017
5. Lindsey Ayo	21:37	2017
6. Hannah Cobb	21:48	2013
7. Denise Dreyer	22:32	2004
8. Peyton Oden	23:01	2015
9. Macy Willer	23:03	2010
10. Abby Grawe	23:17	2011

Carlinsville (3.0)

Freshmen

1. Ella Borrowman	19:31	2015
2. Amanda Darnell	19:50	2005
3. Mariel McNay	19:53	2003
4. Ashley Strieker	20:39	2006
5. Abby Grawe	20:49	2009
6. Lindsey Ayo	20:56	2015
7. Jenn Gallaher	21:04	2005
8. Sarah Lewis	21:22	2012
9. Jazel Carr	21:29	2016
10. Kelli Keck	21:41	2004

Juniors

1. Ashley Strieker	19:01	2008
2. Mariel McNay	19:40	2005
3. Peyton Oden	20:38	2015
4. Abby Grawe	21:02	2011
5. Macy Willer	21:09	2010
6. Hannah Cobb	21:19	2013
7. Katie Holm	21:30	2006
8. Alexis Niemann	21:41	2008
9. Amanda Gallaher	21:55	2006
10. Denise Dreyer	22:00	2004

Sophomores

1. Mariel McNay	19:25	2004
2. Amanda Darnell	19:25	2006
3. Ella Borrowman	20:03	2016
4. Lindsey Ayo	21:04	2016
5. Jenn Gallaher	21:33	2006
6. Amanda Dreyer	21:34	2014
7. Lexa Borrowman	21:52	2016
8. Sarah Lewis	21:56	2013
9. Peyton Oden	22:55	2014
10. Amanda Gallaher	22:58	2005

Seniors

1. Amanda Darnell	19:02	2008
2. Andrea Edgar	19:40	2002
3. Mariel McNay	20:53	2006
4. Holly Dix	21:17	2013
5. Megan Mackenzie	21:27	2002
6. Ashley Strieker	21:44	2009
7. Denise Dreyer	21:49	2005
8. Maggie Schwartz	21:59	2013
9. Lexi Niemann	22:22	2009
10. Abby Grawe	22:35	2012

Sophomores

1. Amanda Darnell	18:41	2006
2. Mariel McNay	19:14	2004
3. Ella Borrowman	19:58	2016
4. Sarah Lewis	20:00	2013
5. Lindsey Ayo	20:25	2016
6. Jenn Gallaher	20:38	2006
7. Mary Hugenberg	21:16	2011
8. Macy Willer	21:40	2009
9. Lexa Borrowman	21:54	2016
10. Samantha Johnson	22:08	2005

Seniors

1. Amanda Darnell	18:38	2008
2. Andrea Edgar	18:40	2002
3. Ashley Strieker	20:12	2009
4. Megan Mackenzie	20:13	2002
5. Abby Grawe	20:43	2012
6. Holly Dix	20:43	2013
7. Sarah Lewis	20:51	2015
8. Denise Dreyer	20:53	2005
9. Mariel McNay	20:54	2006
10. Alexis Niemann	20:56	2009

Elmwood (3.0)

Freshman

1. Mariel McNay	19:01	2003
2. Ella Borrowman	20:03	2015
3. Lindsey Ayo	20:50	2015
4. Amanda Darnell	20:57	2005
5. Jazel Carr	21:51	2016
6. Abby Grawe	22:00	2009
7. Jenn Gallaher	22:05	2005
8. Kelli Keck	22:34	2004
9. Leigh Miller	22:55	2002
10. Georgia Wilson	23:05	2017

Juniors

1. Mariel McNay	19:19	2005
2. Sarah Lewis	19:58	2014
3. Ella Borrowman	20:05	2017
4. Lindsey Ayo	21:06	2017
5. Abby Grawe	21:08	2011
6. Peyton Oden	21:35	2015
7. Macy Willer	21:37	2010
8. Hannah Cobb	21:59	2013
9. Denise Dreyer	22:10	2004
10. Jamie Poore	22:22	2005

Sophomores

1. Mariel McNay	19:22	2004
2. Lindsey Ayo	21:07	2016
3. Abby Grawe	21:10	2010
4. Amanda Dreyer	21:14	2014
5. Sarah Lewis	21:15	2013
6. Ella Borrowman	21:36	2016
7. Peyton Oden	22:07	2014
8. Macy Willer	22:19	2009
9. Lexa Borrowman	22:21	2016
10. Mary Hugenberg	22:28	2011

Seniors

1. Andrea Edgar	18:39	2002
2. Ashley Strieker	20:23	2009
3. Megan Mackenzie	20:57	2002
4. Holly Dix	21:40	2013
5. Denise Dreyer	21:42	2005
6. Abby Grawe	21:43	2012
7. Sarah Lewis	21:52	2015
8. Alexis Niemann	22:11	2009
9. Maggie Schwartz	22:21	2013
10. Paula Holm	22:59	2010