

**Quincy Notre Dame
Running Raider Cross Country
Postseason / Individual Awards**

Top 10 Regional Finisher (Top 5 All-Regional Medalist)			
2004	Anthony Haley	4	Class A
2004	Andrew Edgar	6	Class A
2004	Stefan-Paul Schweitzer	7	Class A
2004	Mark Baker	8	Class A
2004	Jason Benz	10	Class A
2005	Andrew Edgar	5	Class A
2005	Tim Haley	6	Class A
2009	Tanner Arntzen	10	Class A
2010	Tanner Arntzen	6	Class A
2010	Kyle McNett	9	Class A
2011	Luke Watson	6	Class A
2013	Luke Watson	3	Class A
2016	Zach Haley	4	Class A
2017	Zach Haley	7	Class A

Top 30 Sectional Finisher (Top 10 All-Sectional Medalist)			
2004	Anthony Haley	27	Class A
2009	Tanner Arntzen	28	Class A
2010	Tanner Arntzen	19	Class A
2010	Kyle McNett	30	Class A
2011	Luke Watson	9	Class A
2012	Luke Watson	11	Class A
2013	Luke Watson	9	Class A
2016	Zach Haley	10	Class A
2017	Zach Haley	20	Class A

State Finisher (Top 25 All-State Medalist)			
2010	Tanner Arntzen	78	Class A
2010	Kyle McNett	87	Class A
2010	Connor Mellon	117	Class A
2010	Steven Musholt	119	Class A
2010	Luke Watson	157	Class A
2010	Adam Stupavsky	162	Class A
2010	Aaron Ley	164	Class A
2011	Luke Watson	38	Class A
2012	Luke Watson	29	Class A
2013	Luke Watson	20	Class A
2016	Zach Haley	59	Class A

Team Captain			
2001	Jeremy Koren		
2002	Jeremy Koren		
2003	Connor Redington		
2004	Aaron Weiman	Jason Benz	Blake Haubrich
2005	Aaron Weiman	Nick Koren	Andrew Edgar
2006	Andrew Edgar	John Hermens	Mark Baker
2007	Mark Baker		Kris Poore
2008	Kris Poore	Mitch Dietrich	Matt McCabe Case Tierney
2009	Mitch Dietrich		Matt McCabe
2010	Tanner Arntzen	Kyle McNett	Brett Baker
2011	Steven Musholt		Eric Eling
2012	Steven Musholt		Eric Eling
2013	Luke Watson	Brandon Lake	Ty Lunt
2014	Hunter Donaldson		Joey Mueller
2015	Sean Eling	Nick Haxel	Jaden Sangoi
2016	Will Cloninger		Sam Finson
2017	Zach Haley		Alex Mast
2018	Nathan Haxel	Owen Ley	Alex Mast
2019	Sam Schlegl	Caleb Hoffman	Noah Klauser
2020	Curtis Steinkamp	Austin Haskins	Nathan Pabisiak

Most Valuable Runner			
2001	Jeremy Koren		
2002	Connor Redington		
2003	Connor Redington		
2004	Anthony Haley	Stefan-Paul Schweitzer	
2005	Andrew Edgar		
2006	Kris Poore	Tim Haley	
2007	Mitch Dietrich		
2008	Mitch Dietrich		
2009	Mitch Dietrich	Tanner Arntzen	
2010	Tanner Arntzen		
2011	Luke Watson		
2012	Luke Watson	Steven Musholt	
2013	Luke Watson		
2014	Hunter Donaldson		
2015	Carter Henry		
2016	Zach Haley		
2017	Zach Haley		
2018	Nathan Haxel	Sam Schlegl	
2019	Sam Schlegl		
2020	Aden Genenbacher		

Most Improved Runner			
2001	Kris Markway		
2002	Nick Koren		
2003	John Hermens		
2004	Kyle Eager		
2005	Nick Koren		
2006	Matt Schulte		
2007	Kyle Eager		
2008	Brett Baker		
2009	Kyle McNett		
2010	Bobby Irvine		Eric Eling
2011	Eric Eling	Brandon Lake	Ty Lunt
2012	Aaron Ley		Joey Mueller
2013	Carter Henry		Nick Haxel
2014	Brandon Copley		
2015	Brandon Copley		Sean Eling
2016	Nathan Haxel		
2017	Nathan Haxel		
2018	Hayden Donaldson		
2019	Nathan Pabisiak		
2020	Louis Wilson		

Most Dedicated Runner			
2002	Jeremy Koren		
2003	Blake Haubrich		
2004	Jason Benz		
2005	Mark Baker		John Hermens
2006	Andrew Edgar		John Hermens
2007	Mark Baker		
2008	Kyle McNett		
2009	Matt McCabe		
2010	Kyle McNett		
2011	Steven Musholt		
2012	Nick Scholz		Eric Eling
2013	Hunter Donaldson		
2014	Joey Mueller		
2015	Jaden Sangoi		
2016	Alex Mast		
2017	Alex Mast		
2018	Alex Mast		
2019	Noah Klauser		
2020	Curtis Steinkamp		

Most Promising Runner	
2001	Alex Stoll
2002	Blake Haubrich
2003	Andrew Edgar
2004	Mark Baker
2005	Tim Haley
2006	Mitch Dietrich
2007	Kyle McNett
2008	Tanner Arntzen
2009	Steven Musholt
2010	Connor Mellon Luke Watson
2011	Hunter Donaldson
2012	Hunter Donaldson Adam Scott
2013	Caleb Altgilbers Alex Kinsel
2014	Sam Finson Carter Henry
2015	Alex Mast
2016	Hayden Donaldson Sam Schegl
2017	Noah Klauser
2018	Caleb Hoffman
2019	Bryce Keck
2020	Tristan Pritts

Team Spirit Award	
2002	Mark Evans
2003	Aaron Weiman
2004	Aaron Weiman Dan Haas
2005	Aaron Weiman
2006	Kurt Liggett
2007	Kris Poore Michael Brecht
2008	Kris Poore Zach Lunt
2009	Zach Lunt Tony Mallory
2010	Brett Baker
2011	Bobby Irvine Jeffrey Haxel
2012	Bobby Irvine Jeffrey Haxel
2013	Joey Mueller Jaden Sangoi
2014	Graham Steinkamp
2015	Sam Finson Dalton Steinkamp
2016	Sam Finson Dalton Steinkamp
2017	Dalton Steinkamp
2018	William Bickhaus
2019	Mitchell Brecht
2020	Mitchell Brecht

Team Post Season Finishes				
Year	Class	Regional	Sectional	State
2002	A	7	-	-
2003	A	3	17	-
2004	A	2	11	-
2005	A	3	14	-
2006	AA	7	-	-
2007	AA	8	-	-
2008	AA	5	20	-
2009	A	2	10	-
2010	A	2	5	18
2011	A	5	17	-
2012	A	4	12	-
2013	A	4	14	-
2014	A	9	-	-
2015	A	9	-	-
2016	A	5	13	-
2017	A	3	12	-
2018	A	6	14	-
2019	A	9	-	-
2020	A	6	-	X