

**Quincy Notre Dame  
Running Raider Cross Country  
Top 10 Individual Bests  
Girls - 3 Miles**

<b>Jacksonville (2.95)</b>					<b>Monmouth (3.0) (2008 - 2019)</b>				
1	Andrea Edgar	12	18:19	2002	1	Ashley Strieker	11	20:29	2008
2	Amanda Darnell	12	18:42	2008	2	Amanda Darnell	12	20:36	2008
3	Mariel McNay	9	18:50	2003	3	Ella Borrowman	9	20:41	2015
4	Ashley Strieker	11	19:03	2008	4	Sarah Lewis	11	20:55	2014
5	Sarah Lewis	11	19:24	2014	5	Lindsey Ayo	9	21:11	2015
6	Ella Borrowman	9	19:45	2015	6	Reese Terstriep	9	21:22	2019
7	Megan Mackenzie	12	19:59	2002	7	Peyton Oden	11	21:32	2015
8	Holly Dix	12	20:06	2013	8	Holly Dix	12	21:53	2013
9	Abby Grawe	11	20:19	2011	9	Teresa Drotar	9	22:01	2018
10	Lindsey Ayo	9	20:25	2015	10	Amanda Dreyer	10	22:10	2014

<b>Canton (3.0)</b>					<b>Macomb (3.0)</b>				
1	Amanda Darnell	11	19:48	2007	1	Andrea Edgar	12	18:38	2002
2	Andrea Edgar	12	19:55	2002	2	Amanda Darnell	11	18:57	2007
3	Ella Borrowman	10	20:48	2016	3	Mariel McNay	9	19:10	2003
4	Mariel McNay	10	20:55	2004	4	Ashley Strieker	11	19:23	2008
5	Sarah Lewis	11	21:12	2014	5	Ella Borrowman	9	19:39	2015
6	Ashley Strieker	10	21:17	2007	6	Sarah Lewis	11	20:08	2014
7	Abby Grawe	9	21:28	2009	7	Abby Grawe	9	20:34	2009
8	Peyton Oden	12	21:56	2016	8	Macy Willer	11	21:04	2010
9	Lindsey Ayo	10	22:26	2016	9	Megan Mackenzie	12	21:15	2002
10	Amanda Dreyer	10	22:36	2014	10	Lindsey Ayo	10	21:18	2016

<b>Porta (2.93)</b>					<b>QHS (Bob Mays) (3.0)</b>				
1	Ella Borrowman	9	19:36	2015	1	Ashley Strieker	11	19:54	2008
2	Sarah Lewis	11	19:54	2014	2	Sarah Lewis	11	21:13	2014
3	Holly Dix	12	20:13	2013	3	Ella Borrowman	12	21:16	2018
4	Abby Grawe	11	21:16	2011	4	Reese Terstriep	9	21:26	2019
5	Peyton Oden	10	21:23	2014	5	Lindsey Ayo	10	21:30	2016
6	Amanda Dreyer	10	21:23	2014	6	Erica Frankenhoff	11	21:48	2018
7	Erica Frankenhoff	12	21:26	2019	7	Amanda Dreyer	10	22:15	2014
8	Reese Terstriep	9	21:34	2019	8	Jazel Carr	9	22:15	2016
9	Teresa Drotar	10	21:39	2019	9	Peyton Oden	12	22:26	2016
10	Lindsey Ayo	9	22:01	2015	10	Sierra Harvey	12	22:36	2019

<b>Running Raider / Regional Course (South Park) (3.0)</b>					<b>Liberty (3.0)</b>				
1	Reese Terstriep	9	20:13	2019	1	Amanda Darnell	12	19:02	2008
2	Ella Borrowman	9	20:39	2015	2	Mariel McNay	10	19:25	2004
3	Amanda Dreyer	10	21:29	2014	3	Andrea Edgar	12	19:40	2002
4	Teresa Drotar	10	21:30	2019	4	Ella Borrowman	10	20:03	2016
5	Lindsey Ayo	10	22:02	2016	5	Ashley Strieker	11	20:05	2008
6	Jazel Carr	9	22:57	2016	6	Sarah Lewis	11	20:42	2014
7	Peyton Oden	11	23:03	2015	7	Lindsey Ayo	10	21:04	2016
8	Georgia Wilson	9	23:10	2017	8	Holly Dix	12	21:17	2013
9	Lexa Borrowman	10	23:11	2016	9	Reese Terstriep	9	21:20	2019
10	Erica Frankenhoff	10	23:28	2017	10	Megan Mackenzie	12	21:27	2002

<b>Carlinsville (3.0) New Course 2018</b>					<b>Carlinsville (3.0) (2003 - 2017)</b>				
1	Lindsey Ayo	12	21:55	2018	1	Amanda Darnell	12	18:38	2008
2	Erica Frankenhoff	11	23:30	2018	2	Andrea Edgar	12	18:40	2002
3	Samantha Strieker	11	24:07	2018	3	Ashley Strieker	11	19:01	2008
4	Georgia Wilson	10	24:49	2018	4	Mariel McNay	10	19:14	2004
5	Sierra Harvey	11	25:35	2018	5	Ella Borrowman	9	19:31	2015
6	Josie Lewis	9	26:49	2018	6	Sarah Lewis	10	20:00	2013
7	Lexi Haskins	12	29:44	2018	7	Megan Mackenzie	12	20:13	2002
8					8	Lindsey Ayo	10	20:25	2016
9					9	Jenn Gallaher	10	20:38	2006
10					10	Peyton Oden	11	20:38	2015

<b>Franklin (3.0)</b>					<b>Detweiller (3.0)</b>				
1	Ella Borrowman	9	20:26	2015	1	Andrea Edgar	12	17:59	2002
2	Sarah Lewis	12	21:05	2015	2	Amanda Darnell	12	18:40	2008
3	Lindsey Ayo	9	21:20	2015	3	Mariel McNay	10	18:58	2004
4	Peyton Oden	11	21:31	2015	4	Ella Borrowman	9	19:19	2015
5	Abby Grawe	11	22:12	2011	5	Ashley Strieker	11	19:25	2008
6	Mary Hugenberg	11	23:06	2011	6	Sarah Lewis	11	19:51	2014
7	Macy Willer	12	23:21	2011	7	Peyton Oden	11	20:09	2015
8	Maddie Nuebel	11	24:29	2015	8	Lindsey Ayo	9	20:31	2015
9	Maggie Schwartz	11	24:33	2012	9	Reese Terstriep	9	20:38	2019
10	Lexa Borrowman	9	25:06	2015	10	Amanda Dreyer	10	20:48	2014

<b>Elmwood (3.0)</b>				
1	Andrea Edgar	12	18:39	2002
2	Mariel McNay	9	19:01	2003
3	Sarah Lewis	11	19:58	2014
4	Ella Borrowman	9	20:03	2015
5	Ashley Strieker	12	20:23	2009
6	Reese Terstriep	9	20:25	2019
7	Lindsey Ayo	9	20:50	2015
8	Teresa Drotar	11	20:53	2020
9	Megan Mackenzie	12	20:57	2002
10	Amanda Darnell	9	20:57	2005