Quincy Notre Dame High School COURSE CATALOG



Founded on Catholic values,
Quincy Notre Dame
educates lifelong learners
for lives of service.

2022-2023

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QUINCY NOTRE DAME HIGH SCHOOL

Course Descriptions and Guide to Student Program Planning

Introduction

Through a combination of varied instructional methods and courses, the curriculum at Quincy Notre Dame High School is designed to encourage the student to develop an interest in and appreciation of the learning process. The student is also challenged to think critically and acquire the skills necessary to meet the demands of an everchanging world.

The student will be challenged to accept responsibility for his or her own education and develop the necessary tools to become a responsible Christian citizen. Teachers and students strive to achieve these goals in an atmosphere of mutual Christian concern and respect.

Accreditation and Reviews

State of Illinois, Diocese of Springfield

Requirements for Entrance

Students entering QND from eighth grade must have earned a diploma and/or passed the equivalent course work to begin as ninth grade students. Students entering other grade levels must exhibit the ability and desire to do the academic work. (Also see Admission Policy in the Student Handbook.)

Curriculum and Planning

This handbook is designed to help QND students and their parents shape an educationally effective course of studies. We hope that with serious planning on the part of the administration, counselors, teachers, parents and students we can graduate informed Christian citizens who will take their responsible places in our democratic society.

Some subjects are <u>required</u> of all students by QND. The requirements are listed in the section entitled QND Requirements for Graduation. Some of these requirements are mandated by the State of Illinois and/or by QND. The purpose of these requirements is to provide the student with basic understanding, knowledge and skills necessary in our society. No student may receive QND high school credit for a course taken elsewhere during the year if course is currently offered at QND. Prior approval in writing must be secured from the counselor for any summer school course a student wishes to take and receive credit for at QND.

In planning a program, a student should consider subjects to be taken, career goals and his/her commitments outside of school, including activities, employment and home responsibilities. Ample time and favorable conditions for study should be recognized as essential to satisfactory progress in school.

Graduation from Quincy Notre Dame High School requires 4 years of attendance and study in Grades 9 through 12. It should be recognized that a high school education involves more than the accumulation of credits. Mental, physical, and social growth is accomplished through thoughtfully planned and well organized programs of study and activity.

Grade-Weighted Classes

The content, treatment of material in depth and speed, and expectations of students for independent pursuit of course goals are greater in these classes. Students must be highly motivated, able to work independently and creatively, and capable of high quality inductive and deductive reasoning. They must possess a real desire to learn and a willingness to face the challenge of learning. They must have developed good study habits and be able to communicate well orally and in writing.

Advanced Placement Classes

The content, the treatment of material and the expectations of students exceed those in grade-weighted courses. Advanced Placement (AP) is a cooperative educational program of the College Board. The A.P. program is a national program; its policies are determined by representatives of member institutions, and its operational services are provided by Educational Testing Service. Students taking A.P. courses usually take the appropriate A.P. examination in the spring to determine college credit.

In order to be accepted into an Advanced Placement course, a student must have an A or B in a prerequisite course and must have a recommendation form signed by an instructor of a prerequisite class. Class size will be limited. The recommendation forms are available from the Guidance Counselor.

Dual Enrollment Classes

The content, treatment of material, and expectations of the students are equal to those in advanced placement classes. Based on the fact that many young people can complete college-level studies in their secondary schools, it represents a desire of Quincy Notre Dame and Quincy University or John Wood Community College to foster such experiences. Classes meet three to five days per week and are taught by QU college professors or QND teachers* on the high school campus. These classes are also grade-weighted.

Credit Requirements

All students must carry a full program of studies. That is, Seniors must carry 6 credits, Juniors, Sophomores and Freshmen must carry 6.5 credits. A total of 25 credits will be required to graduate.

QUINCY NOTRE DAME GRADUATION REQUIREMENTS **

Department	Number of Credits
Business (Consumer Economics - State Manda	.25
Freshman Seminar - All Freshmen Required To	Take .50
Driver's Ed ***	.50
English*	4.00
Fine Arts (Art, Music, Speech, Music Appreciati	on, Drama) .50
Health - State Mandated	.50
Mathematics	3.00
Physical Education - State Mandated	1.00
Religion	4.00
Science	2.00
Social Studies ****	2.50
Electives	As needed to total credits required for graduation

- * Refers to teachers that hold a masters degree in the dual credit content.
- ** See individual department for specific requirements.
- *** All students who are Illinois residents must take Classroom Course and Behind-the-Wheel-State Mandated
- **** U.S. and Illinois Constitution, included in Civics State Mandated

Class Status

A student must have earned the following credits to be awarded status as:

Sophomore 6.5 credits
Junior 13.0 credits
Senior 19.5 credits

For more information, please contact the Quincy Notre Dame Counseling Department:

Bob Sheffield: 223-2479 ext. 320 bsheffield@quincynotredame.org Amber Feldner: 223-2479 ext. 312 afeldner@quincynotredame.org

REQUIREMENTS FOR ADMISSION TO PUBLIC UNIVERSITIES

Public Act 86-0954, establishes high school course requirements for admission to public universities. All Illinois public universities require the following courses for admission. Some colleges may have yet higher requirements other than those listed.

In addition to high school course requirements, public universities will continue to consider other measures in making admission decisions, such as high school grade point average, high school rank, or entrance examination scores. (ACT or SAT)

In some subject areas, the number of credits differ, depending upon the school. Quincy Notre Dame requires the following minimum credits:

CREDITS	SUBJECTS
4	English
2	Foreign Language, Art*, Vocational Education, or Music
3	Mathematics*
2	Science
2.5 or 3	Social Studies**

Admission requirements for private college and universities vary.

The public universities have adopted minimum subject requirements in an effort to help high school students improve their academic preparation for baccalaureate degree programs. Students who have not taken the required subjects but wish to enter a baccalaureate degree program may sometimes be admitted to public universities on a provisional basis.

- * Missouri State Universities require 4 credits in Math and 1 credit in fine arts
- ** Check with schools of interest

NOTE for college-bound student athletes: Please check the NCAA Eligibility Center website (www.eligibilitycenter.org) for eligibility requirements and/or NAIA Eligibility Center website (www.PlayNAIA.org).

QUINCY NOTRE DAME HIGH SCHOOL FOUR YEAR PLAN PLANNING SHEET

REQUIRED TO GRADUATE: 25 CREDITS

FRESHMEN

SOPHOMORES

Freshman Religion	1.00 credit	Sophomore Religion	1.00 credit
Freshman English	1.00 credit	Sophomore English	1.00 credit
Physical Science	1.00 credit	Biology	1.00 credit
Mathematics	1.00 credit	Mathematics	1.00 credit
World History	1.00 credit	Health	.50 credit
Freshman Seminar	.50 credit	Driver's Ed *	.50 credit
P. E.	.50 credit	P. E.	.50 credit
Driver's Ed *	.50 credit		

Minimum of 6.50 credits

Minimum of 6.50 credits

JUNIORS SENIORS

Junior Religion	1.00 credit	Senior Religion	1.00 credit
Junior English	1.00 credit	Senior English	1.00 credit
American History	1.00 credit		
Mathematics	1.00 credit		

Minimum of 6.50 credits

Minimum of 6.0 credits

NOTE:

Blank lines in the tables above are for courses of your choice (electives). Keep in mind that there are additional courses needed for graduation. These include Consumer Economics, Civics (Government), Fine Arts, and P.E. Please note the number of required credits at each grade level. Additional elective courses must be chosen to meet the minimum number of credits. Availability of some courses may depend on number of students enrolled.

^{*} Will be scheduled either freshman or sophomore year depending on date of birth.

BUSINESS DEPARTMENT

The Business Department philosophy is to provide an education that will help the students in their problems and responsibilities of everyday living, as well as being beneficial to those students going on to college and to students seeking employment immediately after graduation.

ACCOUNTING I This course provides a general basis for a career in business. It is designed to acquaint the student with the complete structure of the accounting cycle including source documents, journalizing, posting and preparation of financial and computerized accounting programs. The material provides a solid background for those planning to continue their education after high school in business and/or manage their own records.	LENGTH: 1 year GRADES: 10, 11, 12 CREDITS: 1.0
ACCOUNTING II In this course, the student increases his or her technical competence and receives a broader understanding of financial accounting. Topics include financial statements, capital distribution, uncollectible accounts, depreciation, accruals and stock ownership. A unit on cost/managerial accounting is also covered. This course is designed for college bound students who may choose the business field as a major. This is an individualized instructional approach and instructor approval is required before enrolling. Prerequisite: Accounting I	LENGTH: 1 year GRADES: 11, 12 CREDITS: 1.0
BUSINESS LAW This course will teach the students about the various facets of our legal system. The students will learn about laws for minors, families, and consumers. They will also learn about contracts, torts and property laws.	LENGTH: 1 semester GRADES: 11, 12 CREDITS: 0.5
BUSINESS MANAGEMENT This course is designed to prepare the student for today's high-tech work place. Students will prepare a business plan which will be used to teach the aspects of management, advertising, finance, and marketing. Students will learn how to write a professional resume and about the interview process. By the completion of this course, students will be able to: • Analyze dilemmas that workers encounter in real life • Understand how technology is used to influence the way we do business • Continue investigating career opportunities • Develop problem-solving skills • Recognize and develop appropriate work habits	LENGTH: 1 semester GRADES: 11, 12 CREDITS: 0.5
CONSUMER ECONOMICS Emphasis is placed on our economic system and the role each student plays as a consumer. Topics covered include careers, money management, advertising, credit, taxes, saving and investing, insurance and auto ownership.	LENGTH: 1 semester GRADES: 10, 11, 12 CREDITS: 0.5
INTRODUCTION TO EDUCATION* EDU 100 An introduction to teaching as a profession in the American educational system. Presentation of a variety of perspectives on education including historical, philosophical, social, legal, and ethical issues in a diverse society. Includes organizational structure and current trends in school governance. This is a Smart Start course offered through JWCC. This course in EDU 100 in the JWCC course catalog. The text must be purchased separately through JWCC bookstore.	LENGTH: 1 semester GRADES: 10, 11, 12 CREDITS: 0.5 3.0 (college)
INTRODUCTION TO LOGISTICS* LOM100 This course presents an overview of logistics and supply chain management, customer service, and inventory management for personnel working in retail, wholesale and the manufacturing sectors. Course content is based on the Manufacturing Skill Standards Council Certified Logistic Technician (MSSC- CLT) curriculum. When taking this class online, students are required to take the MSSC-CLA exam and the MSSC-CLT exam at JWCC or any authorized MSSC testing facility. This is a Smart Start course offered through JWCC. This course in LOM100 in the JWCC course catalog. The text must be purchased separately through JWCC bookstore.	LENGTH: 1 semester GRADES: 12 CREDITS: 0.5 3.0 (college)

PERSONAL FINANCE * This course is an introduction to personal financial planning. Financial topics include: careers, time LENGTH: 1 semester value of money, budgeting, financial statements, use and misuse of credit, purchase decisions, GRADES: 12 insurance and healthy financial planning. Investment basics including stocks, bonds, mutual funds, and CREDITS: 0.5 3.0 (college) asset allocation are also introduced in this course. The purpose of the course is to provide the student with fundamental principles, generalizations and theories of Personal Finance. Students will learn to utilize financial principles to maintain a stable financial future. Additional expense includes a discounted tuition to QU and purchase of the current textbook. **PRINCIPLES OF MARKETING *** A survey of the field of marketing, designed to give basic understanding of the principles of marketing LENGTH: 1 semester and the operation of our marketing system. This is a Smart Start online course offered through JWCC. GRADES: 12 The course will be completed at QND. This course is BUS 131 in the JWCC course catalog. The text CREDITS: 0.5 must be purchased separately through JWCC bookstore. 3.0 (college) Additional tuition expense for all Smart Start classes

^{*} This course is a grade-weighted course.

FRESHMAN SEMINAR	
This mandatory course will help students acquire skills and strategies to become lifelong learners.	LENGTH: 1 semester
Topics include:	GRADES: 9
 study skills, time management, organization 	CREDITS: 0.5
 responsibility—personal and as a member of a group 	
decision making	
• setting goals	
academic integrity	
 respect for self and others 	
sportsmanship and citizenship	
computer skills/iPad skills, digital citizenship	
• social-emotional health	

LANGUAGE ARTS DEPARTMENT

Perhaps the most compelling need among students today is the need to develop the ability to make responsible judgments: judgments about their own attitudes and actions, about society's demands and goals. To choose and judge effectively, young people must have historical perspective, relevant knowledge from many disciplines, and an open forum in which to examine and confront issues. The study of literature each year provides that perspective, knowledge, and forum.

The curriculum of the English Department also develops students' abilities in the four areas of communication: reading, writing, speaking, and listening. Each year students review skills in these areas and receive instruction in further refinement of them.

DEPARTMENT REQUIREMENTS: Four (4) credits are required for graduation; one credit per year.

COMPOSITION I*	
ENG 111 Composition is an Introduction to interdisciplinary academic writing, with emphasis on critical thinking and reading, inquiry, primary research, and writing as a process.	LENGTH: 1 semester GRADES: 12 CREDITS: 0.5 3.0 (college)
FRESHMAN ENGLISH Study skills, introduction to the various genres of literature; grammar and usage review; sentence improvement; paragraph writing; introduction to research modes both written and electronic; evaluation of sources; introduction to works cited page; vocabulary study; speech experiences; introduction to the essay.	LENGTH: 1 year GRADES: 9 CREDITS: 1.0
SOPHOMORE ENGLISH Review of the genres of literature; review and extensive use of the grammar, usage, and writing skills learned in 9th grade; review of paragraph writing styles, research practice, essay and MLA format; speech experiences; vocabulary studies.	LENGTH: 1 year GRADES: 10 CREDITS: 1.0
AMERICAN LITERATURE AND COMPOSITION American literature; improvement of writing through context of American literature; vocabulary study; preparation for the ACT test; essay and research practice; speech experiences.	LENGTH: 1 year GRADES: 11 CREDITS: 1.0
BRITISH LITERATURE AND COMPOSITION This course seeks to prepare students for successful college study and life. Western literature with an emphasis on English literature is stressed in an historical approach. Writing skills emphasize persuasive, expository and explicatory writing and include a formal research paper. Business writing, computer communication, movie critiquing and speech experiences are included.	LENGTH: 1 year GRADES: 12 CREDITS: 1.0
MEDIA DESIGN Students will learn multiple ways to communicate with an audience through graphic design, photography, writing, and video broadcasting. Students will participate in producing the school's yearbook, digital newspaper, literary magazine, Family broadcasts for House, and professional portfolios. Beyond media communications, students will learn personal communication, leadership, and time management skills. They will complete the class with a portfolio of work to use for college interviews and resume building.	LENGTH: 1 year GRADES: 9, 10, 11, 12 CREDITS: 1.0
SPEECH: FUNDAMENTALS OF PUBLIC SPEAKING * COM 101 This course is an introduction to the basic principles of oral communication as applied to public speaking. The course emphasizes the mastery of oral communication skills through a variety of exercises in which the student speaks before the group. It involves analysis of such topics as preparation, organization and delivery. This course fulfills the Fine Arts requirement and may be taken for dual credit. It is equivalent to QU's COM 101. Additional QU expense for tuition will apply.	LENGTH: 1 semester GRADES: 12 CREDITS: 0.5 3.0 (college)

^{*} This course is a grade-weighted course.

FINE ARTS DEPARTMENT

ART DEPARTMENT

The Art Department strives to maintain an atmosphere for growth and learning in the visual arts. Students will be exposed to art history and the basic elements and principles of art. They will be encouraged to develop their creative initiative and problem-solving skills, and will experience a variety of media in the creative process.

MUSIC DEPARTMENT

The Music Department seeks to deepen the student's experience and appreciation of music through the various class activities and musical performance opportunities offered. It strives to recognize and develop musical abilities and talents in students and to encourage them to share their gifts with others, thus further contributing to each person's and to society's cultural enrichment and growth.

DEPARTMENT REQUIREMENTS: A half credit (0.5) is required in Fine Arts. Taking Music, Speech or Art can fulfill this requirement. If Band or Chorus is chosen, it must be taken the full year.

ADVANCED ART This class, meant for senior art students intending on pursuing a career in the arts or attending art school, will focus on the construction of a senior portfolio, development of personal artist branding, the "dos and don'ts" of participating in art shows, exploration of art schools and other job opportunities in the community, and advanced art topics in one medium of choice. Semester 1: Students will construct their artwork in one medium of choice after approval from the teacher. Students must have had advanced experience with this medium in order to produce senior-level work. Students will spend the fall semester working in this medium doing a series of interconnected works, interspersed with group critiques, progress updates, and artist research reports. The final for the first semester will involve construction of a basic portfolio for use in art schools at the start of January when classes resume.	LENGTH: 1 Year GRADES: 12 CREDITS: 1.0
Semester 2: Will deal with the practical side of the art world. Students will develop a personal branding style for themselves to attach to business cards, their electronic portfolio, and their resume. Other topics of learning include copyright laws, freelancing, professional artistry in the Quincy community, participation and presentation of art shows, and the organization of a senior showcase at the end of the semester. Prerequisite: Art Foundations I.	
ART FOUNDATIONS I This class would be the introduction and exploration of all major forms of art media: drawing, painting, ceramics, sculpture, and fibers. Students would be tasked with the learning and application of the elements and principles of art, basic design principles, and color theory.	LENGTH: 1 semester GRADES: 9, 10, 11, 12 CREDITS: 0.5
ART FOUNDATIONS II This class will refine and expand upon previously learned art methods and media from Art Foundations 1. Students will also explore theming, professional artistic analysis, and different kinds of long-term projects such as basket-weaving and hyper realistic portraiture, to name a few. A fundamental basis in drawing, painting, and 3D art methods is required to succeed in this class. Prerequisite: Art Foundations I.	LENGTH: 1 semester GRADES: 10, 11, 12 CREDITS: 0.5
ART HISTORY Students will explore all the major periods of art history starting with the Neolithic and Paleolithic eras and finishing with the current ongoing era of Post-Contemporary Artistic Pluralism. Each project will be paired with a specific media typical for that time period, and research/preparation will be done to emulate realistic artistic experiences from those time periods. Students will also learn about famous artists in their time and key works of art that have changed the art world in major ways.	LENGTH: 1 semester GRADES: 9, 10, 11, 12 CREDITS: 0.5

BAND	
Marching, Concert, Pep Band offers students interested in playing a brass, woodwind or percussion instrument the opportunity to belong to an organization that both trains and performs continually throughout the year. Students learn to read music in addition to music history, theory and styles. Band is a curricular subject that meets daily. In addition to formal concerts, the Concert/Marching/Pep/Jazz Bands perform at extra- curricular activities such as basketball and football games, parades, District & State level music competitions and festivals, local service groups, community events, and patriotic services. Individual band students also perform in solos and ensembles for school assemblies, Masses, contests, and special occasions. It is possible for interested students with no prior music background to begin learning to play an instrument. Contact the Band Director to arrange for instruction.	LENGTH: 1 year GRADES: 9, 10, 11, 12 CREDITS: 1.0
CONCERT CHORALE Concert Chorale is designed for the experienced performer. Prior musical experience is recommended through successful completion of Mixed Chorus or an equivalent ensemble. Students perform at all school Masses, the Fall Choral Concert, Christmas Choral Concert and assemblies, as well as the Spring Show and Spring Choral Concert. Emphasis is placed on advanced vocal technique, performance skills, music literacy and advanced part singing. As part of their music education, students will also learn advanced music theory and history.	LENGTH: 1 year GRADES: 10, 11, 12 CREDITS: 1.0
DIGITAL ART Students will learn the mechanics of Photoshop and Illustrator as they pertain to the more artistic side of graphic design. Students will learn how to paint digitally (landscapes and character creation) as well as create comic strips, vector graphics, and concept art for movies and/or games. Different styles of digital art will also be discussed, such as the development of Japanese art styles in anime and magna, and edits, Daguerreotype photo effects, photo colorization and restoration, and development of personal text/typography styles. Prerequisite: Art Foundations I.	LENGTH: 1 semester GRADES: 11, 12 CREDITS: 0.5
INTRODUCTION TO HUMANITIES* Study of human values, self-perceptions, and aspirations expressed in drama, film, music, literature, painting, sculpture, and architecture with an emphasis on history, techniques, meaning, and evaluation of individual works. This is a Smart Start online course offered through JWCC. The course will be completed at QND. This course is HUM 101 in the JWCC course catalog. The text must be purchased separately through JWCC bookstore. Additional tuition expense for all Smart Start classes	LENGTH: 1 semester GRADES: 12 CREDITS: 0.5 3.0 (college)
MEDIA DESIGN Students will learn multiple ways to communicate with an audience through graphic design, photography, writing, and video broadcasting. Students will participate in producing the school's yearbook, digital newspaper, literary magazine, Family broadcasts for House, and professional portfolios. Beyond media communications, students will learn personal communication, leadership, and time management skills. They will complete the class with a portfolio of work to use for college interviews and resume building.	LENGTH: 1 year GRADES: 9, 10, 11, 12 CREDITS: 1.0
MIXED CHORUS In Mixed Chorus, the fundamentals of proper vocal technique, music literacy and part singing are learned. This chorus is open to all with no prior musical experience necessary. Students perform at all school Masses, the Fall Choral Concert, the Christmas Choral Concert and assemblies, as well as the Spring Show and Spring Choral Concert. Students who successfully complete Mixed Chorus are eligible to audition for advancement into Concert Chorale.	LENGTH: 1 year GRADES: 9, 10, 11, 12 CREDITS: 1.0
MUSIC APPRECIATION I This course explores the concepts, styles, techniques, instruments and history of music from the Medieval through the Classical eras. Enhanced multimedia CD's are used to provide listening examples of various types of instruments and forms of music. This course fulfills the Fine Arts requirement.	LENGTH: 1 semester GRADES: 9, 10, 11, 12 CREDITS: 0.5
MUSIC APPRECIATION II This course explores the concepts, styles, techniques, instruments and history of music from the Classical eras to modern time. Enhanced multimedia CD's are used to provide listening examples of various types of instruments and forms of music. This course fulfills the Fine Arts requirement.	LENGTH: 1 semester GRADES: 9, 10, 11, 12 CREDITS: 0.5

SPEECH: FUNDAMENTALS OF PUBLIC SPEAKING *	
This course is an introduction to the basic principles of oral communication as applied to public	LENGTH: 1 semester
speaking. The course emphasizes the mastery of oral communication skills through a variety of	GRADES: 12
exercises in which the student speaks before the group. It involves analysis of such topics as	CREDITS: 0.5
preparation, organization and delivery. This course fulfills the Fine Arts requirement and may be taken	3.0 (college)
for dual credit. It is equivalent to QU's COM 101. Additional QU expense for tuition will apply.	
VISUAL COMMUNICATIONS	
Students will explore the elements and principles of design as they apply to marketing, business, and	LENGTH: 1 semester
personal usage. Adobe Illustrator, InDesign, and Spark will play a role in helping students develop their	GRADES: 10, 11, 12
skills in the field of graphic design. This class will focus primarily on practical usage of the technology	CREDITS: 0.5
and its application in the real world. Students hoping to go into advertising or business will benefit from	
this class.	
Prerequisite: Art Foundations I.	
3-D DESIGN	
Students will explore and develop skills pertaining to sculptural methods of art. Materials and media	LENGTH: 1 semester
include: clay, foam care, paper, wire, assemblage, plastic, fibers, and found-object. Students will learn	GRADES: 11, 12
to construct realistic and abstract shapes/representations out of these materials in creative, original	CREDITS: 0.5
ways.	
Prerequisite: Art Foundations I.	

^{*} This course is a grade-weighted course.

EXTRACURRICULARS IN FINE ARTS

JAZZ BAND Reeds, Brass, Drums, Piano, Guitar and Bass players are provided the opportunity to learn various popular music styles including Dixieland, Big Band Swing, Jazz and Jazz-Rock. Lessons in music theory and improvisation are included. This extracurricular ensemble meets outside of school time and does not receive credit. Students must audition.

MADRIGAL CHOIR This ensemble is a non-credit auditioned chamber choir that rehearses one day a week after school. It is intended for the serious student well-trained in the choral arts. Primarily acapella, Madrigal Choir emphasizes excellence in vocal performance and will perform a wide range of repertoire from early chamber music to jazz.

MEN'S AND WOMEN'S GLEE These extra-curricular ensembles explore repertoire written for men's and women's voices. A range of music is learned, from folk to classical to barbershop and doo-wop. Both ensembles rehearse once a week. No audition is required, but students must demonstrate the ability to sing in parts. Students admitted at the discretion of the director.

FOREIGN LANGUAGE DEPARTMENT

In today's ever changing and multi-cultural world, the study of foreign language is an essential tool. In a world growing increasingly smaller, the multi-racial and cross-cultural effects of the study of foreign language benefit all students psychologically, intellectually, and aesthetically.

It is the mission of the Foreign Language Department at Quincy Notre Dame High School to educate youth, adding another dimension to their own way of life, enabling them to become more effective members of their Church, nation, and world. Presenting language as a living, changing being, we strive to provide the attention to grammar which makes written communication possible while highlighting verbal communication in the cultural atmosphere of the target language.

A variety of educational techniques enhances and reinforces the target language. The students experience the language through texts, workbooks, listening comprehension exercises, computer technology, target language videos, and cultural experiences.

The business world has learned the value of foreign language education. When the Fortune 500 companies were polled, they indicated the study of a foreign language would improve the likelihood of employment in the following fields:

Business management and administration, marketing and sales, engineering, finance, accounting, secretarial skills, international relations, economics, data processing, law, advertising, communications, library skills, civil engineering, statistics, journalism, public relations, psychology, sociology, medicine, cultural studies, political science, fine arts, and public administration.

Now more than ever, we need an understanding of all peoples. Through the study of foreign languages we learn to communicate and gain valuable insight into other cultures.

DEPARTMENT REQUIREMENTS: A minimum number of students is required for any course to be offered. Any student enrolled in first-year or third-year language must complete two years, unless permission to withdraw is approved by the instructor.

GERMAN I Students will explore this foreign language by immersing themselves in oral and written German. They will learn vocabulary and apply it to basic grammar structure. An introduction to the culture and history of the Germanic peoples is included in this course.	LENGTH: 1 year GRADES: 9, 11 CREDITS: 1.0
GERMAN II This course is an extension of German I. Students will improve their reading, writing and speaking skills. To supplement their in-class studies, students will have the opportunity to participate in the German American Partnership Program. This is an exchange program sponsored by the U.S. State Department and the German Foreign Office. This program helps students to solidify their German skills by using in real life situations. Prerequisite: German I or equivalent	LENGTH: 1 year GRADES: 10, 12 CREDITS: 1.0
GERMAN III German III incorporates the skills mastered in German I and German II. Students will use their skills to focus on literature and history as well as written and spoken German. An intense grammar program will accompany this course. Students will again have the opportunity to participate during their German III course in the German American Partnership Program exchange. Participation in this exchange will greatly enhance the materials learned in the classroom. Prerequisite: German II or equivalent	LENGTH: 1 year GRADES: 11, 12 CREDITS: 1.0
GERMAN IV Students in German IV will expound upon their lessons from German III. They will apply their German language skills to real-life applications such as websites, daily/weekly publications, books and television. Prerequisite: German III or equivalent	LENGTH: 1 year GRADES: 12 CREDITS: 1.0

SPANISH I The introductory course in Spanish stresses speaking and listening along with the introduction of elementary grammar, vocabulary, Spanish history, and culture. It utilizes the oral interactive method.	LENGTH: 1 year GRADES: 9, 10, 11, 12 CREDITS: 1.0
SPANISH II A continuation of the listening and speaking program and a more explicit and intensive coverage of the structure of the language is offered at the second level. There is an emphasis on grammar and development of oral skills. Prerequisite: Spanish I	LENGTH: 1 year GRADES: 10, 11, 12 CREDITS: 1.0
SPANISH III A varied program of listening, speaking and writing is integrated with a basic introduction to Spanish short stories designed to enrich the vocabulary and provide some knowledge of Spanish culture. Conversational skills are used in several oral techniques. Prerequisite: Spanish II or equivalent	LENGTH: 1 year GRADES: 11, 12 CREDITS: 1.0
SPANISH IV Level four offers an intensive review of Spanish grammar and gives the student the opportunity to explore Spanish history and literature, implementing the already acquired tools of the language. There are several lessons aimed at oral proficiency. Prerequisite: Spanish III or equivalent	LENGTH: 1 year GRADES: 12 CREDITS: 1.0

MATHEMATICS DEPARTMENT

Mathematics is a creation of the human mind, concerned primarily with ideas and their organization in a logical way. As a way of thinking, it is used to solve all kinds of problems in the sciences, government, and industry.

DEPARTMENT REQUIREMENTS: Three credits in Math are required for graduation.

Freshmen are required to take Algebra I or Geometry.

covered include Solving Equations and Inequalities, Graphs and Functions, Systems of Linear Equations and Inequalities, Exponential Functions, Polynomials and Factoring, and Quadratic, Radical, and Rational Functions. Based on freshman placement exam and eighth grade teachers' recommendations, students are placed in either Algebra IA or Algebra IB. ALGEBRA IB This course is designed for mastery of basic algebra I skills. Concepts covered include Solving Equations and Inequalities, Graphs and Functions, Systems of Linear Equations and Inequalities, Exponential	LENGTH: 1 year GRADES: 9, 10, 11, 12 CREDITS: 1.0 LENGTH: 1 year GRADES: 9
This course is designed for mastery of basic algebra I skills. Concepts covered include Solving Equations and Inequalities, Graphs and Functions, Systems of Linear Equations and Inequalities, Exponential	
This course is designed for mastery of basic algebra I skills. Concepts covered include Solving Equations and Inequalities, Graphs and Functions, Systems of Linear Equations and Inequalities, Exponential	
recommended for Geometry A by the teacher. Based on freshman placement exam and eighth grade teachers' recommendations, students are placed in either Algebra IA or Algebra IB.	CREDITS: 1.0
ALGEBRA IIA	
This course is the follow-up to Geometry covering basic Algebra II topics as well as advanced Algebra II topics. A student that completes this course can continue with Analysis, Functions, Statistics & Trigonometry or Applied Math. Concepts covered include Quadratic Functions and Equations, Polynomials and Polynomial Functions, Radical Functions and Rational Exponents, Exponential and Logarithmic Functions, Rational Functions, Sequences and Series, Conic Sections, Trigonometry Concepts and Matrices. After successfully completing this course, a student should be prepared for college level algebra and Analysis. Algebra II cannot be taken before Geometry. Prerequisite: A or B in Algebra I and Geometry A	LENGTH: 1 year GRADES: 10, 11, 12 CREDITS: 1.0
ALGEBRA IIB	
this course can continue with FST or Applied Math. Concepts covered include Quadratic Functions and	LENGTH: 1 year GRADES: 11, 12 CREDITS: 1.0
ANALYSIS*	
Math Analysis is a Pre-Calculus course. First semester is devoted to the study of trigonometry and its applications. The remainder of the year is spent emphasizing functions, sequences, logarithms,	LENGTH: 1 year GRADES: 11, 12 CREDITS: 1.0
A.P. CALCULUS*	
Calculus is an Advanced Placement course. Upon completion of this class students may take the Advanced Placement exam and possibly earn college credit. Calculus is a college-level mathematics	LENGTH: 1 year GRADES: 12 CREDITS: 1.0

APPLIED MATH	
This is a 4th year math course for students who have completed Algebra I, Geometry A or B, and Algebra	LENGTH: 1 year
II A or B. Applied Math is not recommended for students who earned a C or higher in Algebra IIA. This	
course revisits most of the concepts covered in previous courses, but with more real-world applications.	
Topics covered include statistics, some trigonometry, as well as consumer math. This course may not	
be accepted for a college prep credit. This class was designed for students who have taken the B level	
math classes and want to keep math fresh before heading to college.	
GEOMETRY A	
This course is designed for mastery of basic geometry concepts and applications, as well as higher level	LENGTH: 1 year
reasoning skills and logical arguments. Concepts covered in this course include Deductive and Inductive	
Reasoning, Plane Geometry, Parallel Lines, Congruence and Similarities, Surface Area, Volume with	CREDITS: 1.0
basic Trigonometry and Proofs. Students taking this class can take Algebra IIB or IIA the following year.	
Highly recommended for college bound students.	
Prerequisite: completion of Algebra I.	
GEOMETRY B	
This course is designed for mastery of basic geometry concepts and applications. Concepts covered in	LENGTH: 1 year
this course include Deductive and Inductive Reasoning, Plane Geometry, Parallel Lines, Congruence and	GRADES: 10, 11, 12
Similarities, Surface Area, Volume with basic Trigonometry. Students taking this class will take Algebra	CREDITS: 1.0
IIB the following year.	
Prerequisite: completion of Algebra I	
FST (Functions, Statistics & Trigonometry)	
Functions, Statistics, and Trigonometry is a 4th year math course for those students who have	
completed Algebra I, Geometry, and Algebra II. It is a slower moving course than Analysis that features	
topics in statistics, functions, trigonometric and circular functions, sequences, series, binomial theorem	CREDITS: 1.0
and probability. This class is for college bound or highly skilled work force bound students.	
Prerequisite: completion of Algebra IIA or Algebra IIB with an A or B	
* This course is a grade-weighted course.	

PHYSICAL EDUCATION DEPARTMENT

The Physical Education Department's goal is to establish a well-balanced program which will provide experiences that will stimulate growth and development of the appropriate mental, social, and physical attributes of each individual. It is our purpose to present a program which through adequate facilities, time allotment, equipment, and instruction, will provide a wide range of student activity. The specific objectives that we hope to attain through this program are as follows:

1) development of the motor skills; 2) development of body efficiency; 3) development of desirable social traits.

DEPARTMENT REQUIREMENTS: One (1) credit of PE is required for graduation.

Health is also required by the State of Illinois for graduation.

DRIVER EDUCATION	
The Driver Education program consists of two phases: classroom and behind-the-wheel for Illinois	LENGTH: 1 semester
residents. The course is offered in the first and second semester and during the summer to freshmen	GRADES: 9, 10
and sophomores. Students are scheduled strictly by birth date with instruction provided by Quincy	CREDITS: 0.5
Senior High School.	
Basic principles of safe driving are presented in one quarter during 30 hours of classroom instruction.	
Students will receive their white slip during the beginning of the classroom phase and are required by	
the State of Illinois to have the white slip for nine months prior to getting their license. After completion	
of the classroom, students will then be scheduled for behind-the-wheel.	
Students enrolling in Driver Education must have passed at least eight (8) classes during the previous	
two (2) semesters. However, freshmen taking the course do not have to meet this requirement.	
HEALTH EDUCATION	
This course is designed to help the student understand the relationship between the physical,	LENGTH: 1 semester
emotional, and social aspects of his or her life. The student will be made aware of the health problems	GRADES: 10
within his environment in hope of finding ways of coping with these problems. The subject areas that	CREDITS: 0.5
may be covered include: human ecology, human growth, prevention and control of disease, safety	
education, mental health, solving health problems of the future, alcohol, drug use and abuse, tobacco,	
nutrition and first aid. CPR/AED certification is a requirement of this course.	
PHYSICAL EDUCATION	
Consists of an introduction of a variety of physical activities in appropriate seasons. The students learn	LENGTH: 1 semester
rules and fundamentals of various sports. Activities may include soccer, flag football, softball, volleyball,	GRADES: 9, 10, 11, 12
basketball, team handball, floor hockey, and games. Also, lifetime sports, which may include bags,	CREDITS: 0.5
archery, golf. This class may also dovetail with Computer Applications.	
NOTE: For freshmen only—this class may dovetail with Freshman Seminar.	

SCIENCE DEPARTMENT

The primary purpose of the Science Department is to create and generate an interest and appreciation for science resulting in an understanding of major scientific concepts, their application to current problems, and the Church's moral teachings regarding controversial topics. Most of the courses in the department are highly activity orientated, aimed at the realization that science is not a body of knowledge, but a process. The results of these goals are intended to lead to the development of an informed Christian with a healthy attitude towards science and its relationship to the world

DEPARTMENT REQUIREMENTS: 2 credits in Science are required. (Physical Science and Biology)

	T
ASTRONOMY This course will explore theories about the forces and phenomenon of the universe, Earth's place in the universe, space travel and exploration—past, present and future—and other theories that concern space science.	LENGTH: 1 semester GRADES: 11, 12 CREDITS: 0.5
CHEMISTRY	
Chemistry treats the composition of substances and the transformations which they undergo. The course includes the study of techniques, theories, problems and laws in this science. It is a laboratory course including individual and group experiments. Besides giving the student a knowledge of the science of chemistry, it seeks to give the student an understanding of the role of chemistry in the world. Prerequisite: Algebra II or concurrent enrollment in Algebra II, Physical Science and Biology.	LENGTH: 1 year GRADES: 11, 12 CREDITS: 1.0
GEOLOGY	
This course will explore the natural science that includes geology and geologic time, meteorology and atmospheric phenomenon, oceanography. Emphasis will be made to the structure of Earth and the forces that cause it to be an ever-changing planet.	LENGTH: 1 semester GRADES: 11, 12 CREDITS: 0.5
HUMAN ANATOMY & PHYSIOLOGY	
This course broadens the biological information on the structure and functions of the various systems of the human body. It is recommended for anyone who plans to follow a medical career. Prerequisite: successful completion of Principles of Biology	LENGTH: 1 year GRADES: 11, 12 CREDITS: 1.0
LIFE SCIENCES*	
BIO111 This course is a combination of general biology, ecology, evolution, botany (study of plants), zoology (study of animals), and human biology. Additional expense includes a discounted tuition to QU and purchase of the current textbook.	LENGTH: 1 year GRADES: 11,12 CREDITS: 1.0 4.0 (college)
PHYSICAL SCIENCE	
The purpose of this course is to give all freshmen an introduction to the basic principles of chemistry and physics. Chemistry is the study of composition, structure, properties, and reactions to matter. Physics is the study of matter and energy and the interactions between the two through forces, and motion. Students will be asked to think critically and apply their knowledge to solve new problems.	LENGTH: 1 year GRADES: 9 CREDITS: 1.0
PRINCIPLES OF BIOLOGY	
The course in biology is aimed at an understanding of the nature of life, the basic biological foundations	LENGTH: 1 year
of cell theory, genetics, evolution, population, energy and our place in the scheme of nature. These principles and problems of current biology are demonstrated with experiences and investigations to develop deeper understanding of the living world.	GRADES: 10 CREDITS: 1.0
PHYSICS*	
	LENGTH: 1 year

The main objective of the Physics course is to give the student a background in classical physics and an introduction to modern physics. This will be accomplished through the investigation of motion, heat, light, electricity, and magnetism as the main topics. It is a college preparatory course.

Prerequisite recommendations: Analysis (should be taken prior to Physics but may be taken concurrently.) Chemistry highly recommended.

MEDICAL TERMINOLOGY* OFT 281 LENGTH: 1 semester This course teaches medical language of prefixes, suffixes, and 2 ombining forms. Students will learn to GRADES: 12 pronounce and spell medical terms and also learn how to combine prefixes, suffixes and combining CREDITS: 0.5 forms to describe a medical term. The course utilizes a body system approach focusing upon specific 3.0 (college) body systems and providing a brief overview of anatomy and physiology, pathology, word roots, related terms and special procedures with emphasis on building a working medical vocabulary based on body systems. This is a Smart Start online course offered through JWCC. The course will be completed at QND. This course is OFT 281 in the JWCC course catalog. The text must be purchased separately through JWCC bookstore. Additional tuition expense for all Smart Start classes. **WEATHER AND CLIMATE*** SCI 105 LENGTH: 1 semester This course is an elementary survey of the properties of the atmosphere and the principles that govern GRADES: 12 weather and climate change. Real-time weather data will be used to predict weather and historical CREDITS: 0.5 data archives to study climate. This is a Smart Start online course offered through JWCC. The course 3.0 (college) will be completed at QND. This course is SCI 105 in the JWCC course catalog. The text must be purchased separately through JWCC bookstore. Additional tuition expense for all Smart Start classes.

^{*} This course is a grade-weighted course.

SOCIAL STUDIES DEPARTMENT

Through the Social Studies program at QND, the student's offered the opportunity to acquire the knowledge and skills needed to become involved and concerned citizens as well as develop an understanding and appreciation of the social community.

Within the department we encourage the students to accept responsibility for their own education through varied approaches to learning.

DEPARTMENT REQUIREMENTS: 2.5 credits are required for graduation. World History, American History, and Civics (Government) are required.

AMERICAN HISTORY This course traces the development of the United States from colonial possession to world power. Students will examine the various social, economic, political, and religious themes which have influenced and shaped the United States to the present day. Current problems and solutions will receive emphasis.	LENGTH:1 year GRADES: 11 CREDITS: 1.0
A.P. UNITED STATES HISTORY*	
This Advanced Placement course is a thorough study of the social, economic, political, and religious themes that have helped influence and shape the United States from colonization to the present day. Emphasis is placed on the relationship of cause and effect factors in U.S. History by a rigorous examination of historical documents, writings, and theories. Students will develop critical thinking skills through the reading and evaluation of historical documents and various writing activities. Optional national AP exam at the end of the course.	LENGTH: 1 year GRADES: 11 CREDITS: 1.0
CIVICS (GOVERNMENT)	
This course explores the structure and dynamics of American government providing a broad-based introduction to the ideas and institutions that shape the present-day United States. The role of civic virtues and citizenship and their influence in political discourse, debate and government institutions will receive emphasis. The Federal and State constitutions are taught in this course. Both are required by the State of Illinois.	LENGTH: 1 semester GRADES: 10, 11, 12 CREDITS: 0.5
CONTEMPORARY HISTORY	
This course will trace the growth of the United States into a modern global power from the midtwentieth century through the present day. Topics covered will include a range of foreign and domestic issues such as the Cold War, the Civil Rights Movement, and various military conflicts including the wars in Iraq and Afghanistan. Emphasis will be placed on current events as part of a thorough examination of the present-day role of the United States in the world.	LENGTH: 1 semester GRADES: 11, 12 CREDITS: 0.5
INTRODUCTION TO LAW ENFORCEMENT*	
This course is a general examination of the various aspects of police, court, probation, correction and parole practices. This is a Smart Start online course offered through JWCC. The course will be completed at QND. This course is LEN101 in the JWCC course catalog. The text must be purchased separately through JWCC bookstore. Additional tuition expense for all Smart Start classes.	LENGTH: 1 semester GRADES: 12 CREDITS: 0.5 3.0 (college)
INTRODUCTION TO SOCIOLOGY*	
SOC 101 This course is an introduction to sociology as a way of understanding the world and how it applies to everyday life. Major theoretical perspectives and concepts are presented including socialization, culture, the social construction of knowledge, social control and deviance, inequality, race and ethnic relations, poverty, and the sociological imagination. This is a Smart Start online course offered through JWCC. The course will be completed at QND. This course is SOC 101 in the JWCC course catalog. The text must be purchased separately through JWCC bookstore. Additional tuition expense for all Smart Start classes.	LENGTH: 1 semester GRADES: 12 CREDITS: 0.5 3.0 (college)

PSY 100 Basic introduction to the major areas of psychology with an emphasis on learning, perception, motivation, emotion, personality, abnormal behavior, psychotherapy, thinking, child development, and the brain and behavior. This course can also be taken as a dual enrollment course. It is equivalent to Quincy University's PSY 100. Prerequisites: GPA 3.0; minimum of a B average in previous English classes. Additional expense includes a discounted tuition to QU and purchase of the current textbook.

UNITED STATES HISTORY* HIS 111 U.S. History to 1877 (semester 1): The age of exploration and discovery, colonial civilizations, and the emergence of a new nation. The expansion of national territory and sectionalism through the Civil War and reconstruction. Dual enrollment course equivalent to Quincy University's HIS 111. Prerequisites: Additional expense includes a discounted tuition to QU and purchase of the current textbook.	_	1 semester 10, 11, 12 1.0 3.0 (college)
UNITED STATES HISTORY* HIS 112 U.S. History Since 1877 (semester 2): The U.S. as an emergent world power and the major political, economic, and social forces in the domestic experience to the present. Dual enrollment course equivalent to Quincy University's HIS 112. Prerequisites: Additional expense includes a discounted tuition to QU and purchase of the current textbook.		1 semester 10, 11, 12 1.0 3.0 (college)
WORLD HISTORY This course traces the development of world events, including the early river civilizations, Ancient Greece and Rome, regional civilizations of the Americas, Africa, and Asia, and the transformation of Europe from the Middle Ages, through the different revolutionary periods, up to the beginnings of the modern global age.	LENGTH: GRADES: CREDITS:	9, 10

^{*} This course is a grade-weighted course.

THEOLOGY DEPARTMENT

The Religion Department of Quincy Notre Dame seeks to develop a deep appreciation of personal faith and commitment to the person, Jesus Christ. Through the content of the courses and the personal example of the faculty, we hope to enable each student to realize that a life based on religious values can lead to happiness and fulfillment. The department is committed to challenging the students to experience and express their faith in a variety of learning situations and religious experiences outside of class within the Christian Service Program.

Ten hours of Christian community service per school year is a school requirement. All students who fulfill the requirements will receive a grade and a 1/4 credit at the end of the school year.

DEPARTMENT REQUIREMENTS: 4.00 credits in Religion and .25 credits per year for Christian Service are required for graduation.

REVELATION OF JESUS CHRIST IN SCRIPTURE	
The purpose of this course is to give students a general knowledge and appreciation of the Sacred	LENGTH: 1 semester
Scriptures. Through their study of the Bible, they will come to encounter the living Word of God, Jesus	(1 st semester)
Christ. In the course, they will learn about the Bible, authored by God through Inspiration, and its	GRADES: 9
value to people throughout the world. If they have not been taught this earlier, they will learn how to	CREDITS: 0.5
read the Bible and will become familiar with the major sections of the Bible and the books included in	
each section. The students will pay particular attention to the Gospels.	
WHO IS JESUS CHRIST?	
The purpose of this course is to introduce students to the mystery of Jesus Christ, the living Word of	LENGTH: 1 semester
God, the Second Person of the Blessed Trinity. In this course, students will understand that Jesus Christ	(2 nd semester)
is the ultimate Revelation to us from God. In learning about who He is, the students will also learn who	GRADES: 9
He calls them to be.	CREDITS: 0.5
THE MISSION OF JESUS CHRIST: THE PASCHAL MYSTERY	
The purpose of this course is to help students understand all that God has done for us through his Son,	LENGTH: 1 semester
Jesus Christ. Through this course of study, students will learn that for all eternity, God has planned for	(1 st semester)
us to share eternal happiness with Him, which is accomplished through the redemption Christ won for	GRADES: 10
us. Students will learn that they share in this redemption only in and through Jesus Christ. They will	CREDITS: 0.5
also be introduced to what it means to be a disciple of Christ and what life as a disciple entails.	
JESUS CHRIST'S MISSION CONTINUES IN THE CHURCH	
The purpose of this course is to help the students understand that in and through the Church, they	LENGTH: 1 semester
encounter the living Jesus Christ. They will be introduced to the fact that the Church was founded by	(2 nd semester)
Christ through the Apostles and is sustained by Him through the Holy Spirit. The students will come to	GRADES: 10
know that the Church is the living Body of Christ today. This Body has both divine and human elements.	CREDITS: 0.5
In this course, students will learn not so much about events in the life of the Church but about the	
sacred nature of the Church.	
SACRAMENTS AS PRIVILEGED ENCOUNTERS WITH JESUS CHRIST	
The purpose of this course is to help students understand that they can encounter Christ today in a	LENGTH: 1 semester
full and real way in and through the sacraments, and especially through the Eucharist. Students will	(1 st semester)
examine each of the sacraments in detail so as to learn how they may encounter Christ throughout	GRADES: 11
life.	CREDITS: 0.5

LIFE IN JESUS CHRIST

The purpose of this course is to help students understand that it is only through Christ that they can fully live out God's plans for their lives. Students are to learn the moral concepts and precepts that govern the lives of Christ's disciples.

LENGTH: 1 semester (2nd semester)

GRADES: 11 CREDITS: 0.5

RESPONDING TO THE CALL OF JESUS CHRIST

The purpose of this course is to help students understand the vp6ations of life—how Christ calls us to live. In this course, students should learn how all vocations are similar and how they differ. The course will be structured around married life, ordained life and consecrated life. Students should learn what it means to live life for the benefit of others and the value in considering a vocation in service to the Christian community.

LENGTH: 1 semester (1st semester)

GRADES: 12 CREDITS: 0.5

INCLUSION: Sacred Scripture

An introduction to the basic principles for understanding and interpreting the Bible and understanding the sense of the unity of the narrative for the divine plan of salvation and His desire to share His merciful love with us.

LIVING AS A DISCIPLE OF JESUS CHRIST IN SOCIETY

The purpose of this course is to introduce students to the Church's social teaching. In this course, students are to learn how Christ's concern for others, especially the poor and needy, is present today in the Church's social teaching and mission.

LENGTH: 1 semester

(2nd semester)

INCLUSION: Church History

A general knowledge of the Church's history from apostolic times to the present, focusing on the Church's 2,000 years of history and about how the Church is led and governed by the successors of the Apostles.

GRADES: 12 CREDITS: 0.5

CATHOLIC APOLOGETICS

This Theology elective is designed to help students develop a response to the questions and challenges the secular world poses to their Christian faith. This response will be based on sound principles of logic and reason, as well as personal faith. This course will engage the Catechism of the Catholic Church, Scripture, authoritative Church documents, and the work of Christian theologians and philosophers. Also involved in the work of the apologetics is the recognition of the spiritual challenges it can pose to the person (challenges which require a strong prayer life) as well as the interpersonal skills necessary to winning hearts rather than just arguments.

LENGTH: 1 semester GRADES: 11, 12 CREDITS: 0.5

DISCIPLESHIP

This Theology elective is designed to help students develop a robust understanding and practice of what it means to live as a disciple of Jesus Christ in the modern world. Through a deep dive into the acronym H.A.B.I.T.S.S.S, students will learn the habits necessary to deepen their relationship with Christ and be given practical opportunities to practice these habits.

LENGTH: 1 semester GRADES: 11, 12

CREDITS: 0.5

CHRISTIAN SERVICE

Students will be introduced to the concept of Christian Service and its relevance to our vocation as people of God. We anticipate that our youth will become more aware of the needs within our immediate society, their relation to the issues of social justice and experience the sense of gratification and empowerment that accompanies living the Gospel message and doing the things Christ did in his ministry of compassion.

LENGTH: ongoing GRADES: 9, 10, 11, 12 CREDITS: 0.25/year