

**Quincy Notre Dame
Running Raider Cross Country
Top 10 Individual Bests
Boys - 3 Miles**

Canton (3.0)					Macomb (3.0)				
1	Zach Haley	11	16:58	2016	1	Zach Haley	11	16:19	2016
2	Tanner Arntzen	12	17:09	2010	2	Tanner Arntzen	12	16:25	2010
3	Mitch Dietrich	12	17:19	2009	3	Luke Watson	12	16:41	2013
4	Joseph Warning	10	17:35	2022	4	Kyle McNett	12	16:55	2010
5	Kyle McNett	12	18:02	2010	5	Mitch Dietrich	12	16:57	2009
6	Matt McCabe	12	18:03	2009	6	Connor Mellon	9	17:09	2010
7	Steven Musholt	11	18:09	2011	7	Steven Musholt	10	17:10	2010
8	Carter Henry	12	18:29	2015	8	Nathan Haxel	12	17:16	2018
9	Kris Poore	10	18:37	2006	9	Aaron Ley	12	17:22	2012
10	Tim Haley	11	18:44	2007	10	Joseph Warning	10	17:22	2022

Porta (2.93)					QHS (Bob Mays) (3.0)				
1	Luke Watson	11	15:50	2012	1	Zach Haley	11	16:35	2016
2	Zach Haley	12	16:41	2017	2	Joseph Warning	10	17:23	2022
3	Steven Musholt	11	16:54	2011	3	Mitch Dietrich	12	17:29	2009
4	Carter Henry	12	17:11	2015	4	Nathan Haxel	12	17:38	2018
5	Joseph Warning	10	17:28	2022	5	Tanner Arntzen	11	17:39	2009
6	Hunter Donaldson	11	17:51	2013	6	Kris Poore	12	17:59	2008
7	Sam Schlegl	12	18:02	2019	7	Matt McCabe	12	18:03	2009
8	Eric Eling	12	18:12	2012	8	Sam Schlegl	11	18:04	2018
9	Steven Liao	11	18:18	2017	9	Steven Musholt	9	18:07	2009
10	Aaron Ley	12	18:18	2012	10	Carter Henry	12	18:08	2015

Running Raider / Regional Course (South Park) (3.0)					Liberty (3.0)				
1	Zach Haley	11	16:56	2016	1	Luke Watson	12	16:04	2013
2	Joseph Warning	10	17:30	2022	2	Zach Haley	11	16:23	2016
3	Sam Schlegl	12	18:06	2019	3	Aaron Ley	12	16:51	2012
4	Alex Mast	10	18:12	2016	4	Tanner Arntzen	12	16:55	2010
5	Carter Henry	12	18:29	2015	5	Joseph Warning	10	17:02	2022
6	Logan Sutton	10	18:29	2022	6	Steven Musholt	12	17:03	2012
7	Tedros Berhorst	9	18:34	2020	7	Kyle McNett	12	17:17	2010
8	Nathan Haxel	11	18:48	2017	8	Anthony Haley	12	17:24	2004
9	Hayden Donaldson	10	18:48	2016	9	Connor Mellon	9	17:27	2010
10	Evan Histius	12	19:00	2021	10	Nathan Haxel	11	17:30	2017

Franklin (3.0) (2011 – 2015 only)					Detweiller (3.0)				
1	Luke Watson	10	17:12	2011	1	Luke Watson	11	15:30	2012
2	Steven Musholt	12	17:21	2012	2	Zach Haley	11	16:13	2016
3	Aaron Ley	12	17:27	2012	3	Tanner Arntzen	12	16:23	2010
4	Carter Henry	12	17:52	2015	4	Kyle McNett	12	16:27	2010
5	Eric Eling	12	18:16	2012	5	Steven Musholt	10	16:38	2012
6	Nick Scholz	12	18:35	2012	6	Aaron Ley	12	16:40	2012
7	Sean Eling	12	16:52	2015	7	Joseph Warning	10	16:42	2022
8	Hunter Donaldson	10	18:55	2012	8	Mitch Dietrich	10	16:44	2007
9	Alex Mast	9	19:17	2015	9	Connor Mellon	9	16:55	2010
10	Nick Haxel	12	19:31	2015	10	Mark Baker	12	16:56	2007

Jacksonville (2.95) (2003-2018 only)					Monmouth (3.0) (2008 - 2019)				
1	Luke Watson	12	15:30	2013	1	Luke Watson	11	16:32	2012
2	Zach Haley	11	15:51	2016	2	Zach Haley	11	17:11	2016
3	Tanner Arntzen	11	16:14	2009	3	Tanner Arntzen	12	17:23	2010
4	Mitch Dietrich	10	16:16	2007	4	Mitch Dietrich	12	17:35	2009
5	Steven Musholt	12	16:28	2012	5	Steven Musholt	11	17:45	2011
6	Carter Henry	12	16:33	2015	6	Kyle McNett	12	17:47	2010
7	Aaron Ley	12	16:42	2012	7	Carter Henry	12	17:51	2015
8	Sam Schlegl	11	17:06	2018	8	Nathan Haxel	12	17:57	2018
9	Kyle McNett	12	17:06	2009	9	Connor Mellon	10	18:01	2010
10	Matt McCabe	12	17:09	2009	10	Joseph Warning	10	18:04	2022

Elmwood (3.0)				
1	Luke Watson	12	16:00	2013
2	Zach Haley	11	16:09	2017
3	Tanner Arntzen	12	16:33	2010
4	Kyle McNett	12	16:50	2010
5	Joseph Warning	10	16:54	2022
6	Steven Musholt	12	16:58	2012
7	Nathan Haxel	12	17:15	2018
8	Aaron Ley	12	17:28	2012
9	Sam Schlegl	11	17:31	2018
10	Connor Redington	12	17:36	2014

Carlenville (3.0) New Course 2018 only					Carlenville (3.0) (2003 - 2017)				
1	Sam Schlegl	11	17:56	2018	1	Luke Watson	12	15:25	2013
2	Nathan Haxel	12	18:10	2018	2	Tanner Arntzen	12	16:10	2010
3	Hayden Donaldson	12	18:26	2018	3	Zach Haley	11	16:10	2016
4	Dalton Steinkamp	12	19:08	2018	4	Aaron Ley	12	16:16	2012
5	Steven Liao	12	19:11	2018	5	Steven Musholt	12	16:27	2012
6	Owen Ley	12	19:38	2018	6	Mitch Dietrich	10	16:32	2007
7	Curtis Steinkamp	9	20:48	2018	7	Andrew Edgar	11	16:46	2005
8	Noah Klauser	11	21:04	2018	8	Mark Baker	12	16:49	2007
9	Caleb Hoffman	10	21:14	2018	9	Tim Haley	10	16:53	2006
10	Austin Haskins	9	21:42	2018	10	Kris Poore	11	16:53	2007